

Building Emotional Security and Stability

Pillar 3 - Encourage Independence and Responsibility

As children grow, it is important to gradually give them responsibility for their own tasks and decisions. This builds confidence, accountability, and life skills.

In Practice:

Encourage children to manage their schoolwork, organize their materials, and follow routines independently, with guidance when needed.

Pillar 4 - Cultivate a Habit of Reading

Reading is a lifelong skill that enhances language, comprehension, imagination, and critical thinking. Across all age groups, consistent reading supports academic success.

In Practice:

Encourage daily reading habits—whether it is storybooks, novels, newspapers, or informative content—based on your child's age and interests.