



GOPAL'S GARDEN HIGH SCHOOL

Plot No 1, Kulupwadi, Near National Park, Borivali-East, Mumbai - 400066

GARDEN BUZZ

GIVE & TAKE

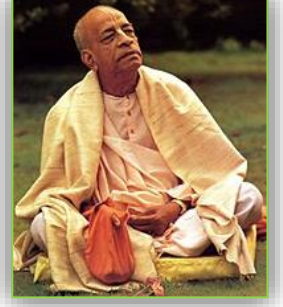


LET'S RECIPROCATE

Gopal's Garden High School

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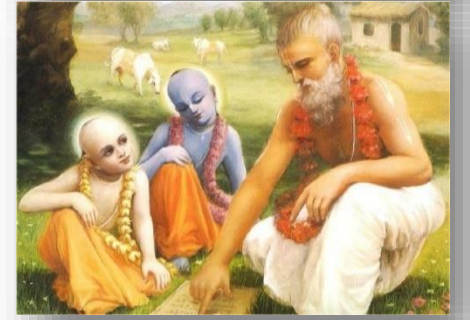
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EXPRESSIONS

Welcome Message

By Mrs. Rajas Sardesai Bhosale

Principal

There is an old maxim which goes:

'Blessed are those who can give without remembering and take without forgetting'.

Life offers us an interesting nexus of opportunities in our relationships. However our current generational doctrines guide us towards living a life primarily for 'self' or the 'satisfaction of self'.

'Win at any cost' is considered a profound quote for motivating people. Principles of gratitude, kindness and welfare of others are lost in this melee for survival and so called progress.

Our Vedic culture and heritage though, was based on the founding stone of service. This service naturally cultivated a feeling of mutual respect in giving and taking involved in day to day life... Something which we need to hold on to unyieldingly, to pass on our successors if we want to retain a modicum of humanity in our future to come.

At GGHS, we genuinely want to extol this virtue of 'Give and Take' which also forms the basis of our mission statement. With this in mind with great joy we bring to you, part one of this e-Edition of our biannual school magazine Garden Buzz themed ***'Give and Take: Lets Reciprocate'***.

We want to express our thanks to our students, parents, teachers, staff and our efficient Garden Buzz team for their sincere efforts in the successful creation of this magazine!

So without further ado we wish you all a happy reading!

|| Hare Kṛṣṇa ||

Giving With Love And Taking With Responsibility

By H.G Satyananda Das

"When you acquire you become happy, when you share you become happier, when you sacrifice you become happiest"

— Sages of India



Once in a village lived two friends, they both went to temple to pray. Both prayed to the Lord asking their desires. One friend asked that my dear Lord, "Grant me the next birth, where I will receive money & do not have to give back". Another friend asked, "My dear Lord, Please grant me the next birth, so that, I can give, give & give to others & not take anything from anyone". The all merciful Lord heard their prayers and granted the boon what they desired. So in their next life, person who wanted to receive without giving became beggar. And the friend who wanted to give without taking anything became the richest person so that he can give. A person who gives is always richer than one who just takes.

We often hear this phrase about giving & taking and mostly this principle is used in the businesses, employment and in general dealings. Let us look at this with different perspective. As we evolve in this world and strive to achieve bigger, better & higher things, positions and successes in our lives what we forget is appreciating what we have and to give appreciation to those who are around

us, helping us, managing us but invisible to our eyes. Do you remember, when have you last appreciated anyone for enriching your life? Like your mother, or the person who supplies your milk, watchman who is guarding your society or sweeper who is keeping your society/school clean. They are around us but we hardly recognize them. So give them appreciation for their incredible service and in this process you will receive abundantly.

And second part of this phrase is 'Taking'- Taking Responsibility. While living in this world we will go through varieties of experiences, troubled situations & times. Such situations will lead us to blame others by pointing out their faults which leads to living a life of victim. Instead, if we take responsibility of our choices we made in our life, that attitude empowers us to overcome such trying situations and time and leads to live a life of victor.

H.G Satyananda Prabhu is a brahmachari and a resident monk in the ISKCON Chowpatty temple from 2008. He completed his B.E-Civil. He currently heads the ISKCON Youth Services (IYS) in the temple. He conducts life style management seminars, shares ancient wisdom of Bhagavat Gita and Srimad Bhagavatam with the youth.

Sanskrit Shubhashitam

* अयं निजः परो वेति गणना लघुचेतसाम् ।

उदारचरितानां तु वसुधैवकुटुम्बकम् ॥

यह मेरा है, वह उसका है जैसे विचार केवल संकुचित मस्तिष्क वाले लोग ही सोचते हैं। विस्तृत मस्तिष्क वाले लोगों के विचार से तो वसुधा एक कुटुम्ब है।

* अग्निशेषमृणशेषं शत्रुशेषं तथैव च ।

पुनः पुनः प्रवर्धत तस्माच्छेषं न कारयेत् ॥

यदि कोई आग, ऋण, या शत्रु अल्प मात्रा अथवा न्यूनतम सीमा तक भी अस्तित्व में बचा रहेगा तो बार बार बढ़ेगा ; अतः इन्हें थोड़ा सा भी बचा नहीं रहने देना चाहिए । इन तीनों को सम्पूर्ण रूप से समाप्त ही कर डालना चाहिए ।

* पृथिव्यां त्रीणि रत्नानि जलमन्नं सुभाषितम् ।

मूढैः पाषाणखण्डेषु रत्नसंज्ञा प्रदीयते ॥

पृथ्वी पर तीन ही रत्न हैं जल अन्न और अच्छे वचन । फिर भी मूर्ख पत्थर के टुकड़ों को रत्न कहते हैं ।

STUDENTS

In Giving, Thy Shall Receive



By Dhanya Hariharasubramaniam

Class: 7

There is a quote by Charles Dickens, “No one is useless in this world who lightens the burden of the others.” It means that even if the person is absolutely untalented, (which one can’t be anyway), if he tries his best to help someone, he is certainly not useless even if he feels himself to be.

Life is all about giving. Our school’s motto is “Living with Excellence, Giving with Benevolence”.

This also promotes the value of giving to others. We have more to give than we have ever realized. ‘Giving’ does not have to be in the form of physical materials, it can be your time, compliments, knowledge etc. A simple compliment to someone is a gesture signifying “give and take”

And whatever you give, will come back to you, perhaps in a form where you do not see or recognize it, but yes, it does come back.

So we should give, give, but without the expectation for return. If you expect things from the people you give to, the remote control of your happiness goes to that person. If the person

doesn’t give the favour back to you in the way you expect it can lead to immense sadness. On the other hand, if you are not expecting anything and the person returns the favour, you will be immensely happy and grateful. Giving is in our control, but taking is not.

There is a story from Kṛṣṇa Lila which illustrates this :- Once, a fruit seller had come to the town of Gokul. She had a basket full of mangoes which she was selling for a certain amount of grains. Kṛṣṇa saw her and wanted to buy a few mangoes. The fruit seller agreed but told him he needed to get some grains. Kṛṣṇa happily went inside, dipped his hands in the sack of grains and took out how much his little hands could hold. By the time he reached the fruit seller, he had dropped most of the grains he had taken and was left with very few. He was very sad at this and burst into tears. The fruit seller’s heart went out to the little boy. She gave him a few mangoes without taking anything. Kṛṣṇa was very happy, and as she turned to her basket, she was pleasantly surprised to see that all the mangoes in her basket had transformed into gold jewels! She was amazed at this miracle and decided that it was the mercy of the Lord.

If the fruit seller had not given the fruits to Little Kṛṣṇa so selflessly, she would not have gotten all the gold. And if someone tries to imitate her expecting all that gold, he would most certainly be disappointed and angry. Therefore, giving selflessly and happily all that you can, is what is important, not what or how you give.

“Give and take is a game”, a game of life. Just as every game has its own rules that need to be adhered to in order to enjoy the game to the fullest.

The rules of this game are:

- 1) Give selflessly without expectation
- 2) Receive graciously with gratitude.

So give generously, cheerfully, often and without expectations, and know that it will come back to you in ways you cannot fathom.

Happy Giving!!!!

“Give and take is a game”, a game of life. Just as every game has its own rules that need to be adhered to in order to enjoy the game to the fullest.

Kindness Begets Kindness

By Kaustub.G.Lade

Class 8

Kindness is an expression or a feeling which is expressed when we feel pity towards someone who is in need of help. A person gives five rupees to a beggar and in reciprocation, the beggar asks God for the welfare of that person. We say kindness begets kindness.

I would like to narrate here one of the pastimes of Lord Kṛṣṇa. When he was five years old, he wanted fruits from the fruit seller so Lord Kṛṣṇa soon took some grains of rice which could fit in his small little hands and ran out to the fruit seller and gave the grains of rice in exchange of fruits. Overwhelmed with kindness and compassion the fruit seller took the grains from Lord Kṛṣṇa and gave almost all fruits that could fit in the two hands of the little Kṛṣṇa. Soon after Kṛṣṇa left, the fruit seller saw the basket and to her surprise she saw the whole basket was filled with jewels and gold ornament. Hence, it is proved by the Lord



himself that kindness begets kindness.

Kindness is one of the most graceful and positive way to express gratefulness. When we express kindness we get in return happiness, satisfaction and fulfilment and the other person also reciprocates with kindness in the form of blessings.

The Giving Tree

By Manjari Muley

Class :8

Once upon a time in a village, there was an old man named Jay. He hadn't seen his son for few years and wanted to meet his son who lived in a city. He started his journey and came to a city where his son used to work and stay. He went to the place from where he used to get letters long back. When he knocked the door he was excited and smiled



with joy to meet his son. Unfortunately, someone else opened the door. Jay asked, "I suppose Ram should be staying in this place." The person said, "No! He had left the place and shifted to a different location." Jay was disappointed and was thinking how to meet his son.

He started to walk in the street and the neighbour's asked Jay, "Are you looking for Ram?" Jay responded by nodding his head. The neighbours gave the present address and office address of Ram to Jay. Jay thanked them and started towards the path which would lead to his son. Jay went to the office and asked at the reception counter, "Could you please tell me the location of Ram, in this office?" The receptionist asked, "May I know how you are related to him?" Jay responded politely by saying, "I'm his father." The receptionist asked, Jay to wait for a moment and rang up Ram and conveyed the message. Ram was shocked and told the receptionist to send his father to the cabin immediately.

Jay entered the cabin and when he saw Ram, his eyes were filled with tears. Ram was happy to see

his father. They had a simple conversation for a while and then Jay asked Ram, “Son! Mom wants to see you. Can you come home with me?”

Ram responded, “No, father. I can’t come. I am very busy working for my success and it’s hard to manage a leave to visit as my hands are full with loads of stressful work.” Jay gave a simple smile and said, “Okay! You may do your work. I’ll be going back to our village today evening.” Ram asked, “You can stay for few days with me. Please.” Jay responded after a moment of silence, “Son. you are busy with your tasks. I don’t want to make you uncomfortable or become a burden for you.” He continued, “I hope if ever I had a chance to meet you again, I would be happy.” He left the place.

After a few weeks, Ram wondered why his father came alone after a long time, he felt bad for treating his father in a weird manner. He felt guilty for it and took a leave in office for few days and went to his village to meet his father. When he went to the place where he was born and grew up, he saw that his parents were not there. He was shocked and asked the neighbours, “What happened here? My parents have to be there. Where are they now?” The neighbour’s gave the address of the place where his parents are staying.

Ram rushed to the place and noticed that the place was like a crematorium. Ram eyes were filled with tears and started to walk slowly towards the place. His father Jay noticed Ram in a far distance and waved his hand to draw his attention. Ram saw his father and started to run and hugged him.

When you find a path of success in your life, carry on but don’t leave your parents behind as they are the true reason of your success.

Jay asked, “How are you?” and continued, “What a surprise to see you here. I didn’t expect that you would be coming to this place.” Ram felt ashamed and kept his head down. Jay said, “Why are you feeling bad?. Has anything wrong happened?” Ram responded, “No father, it’s just I never knew that I would be seeing you in this position in our village.”

Jay smiled and said, “I had taken a loan when you moved to a city for your college to pay for your education, then again when you wanted a new car, but due to a loss in farming, I couldn’t repay the loan. So I thought of approaching you for a help, but you were very busy and stressed with your work. I just didn’t want to burden you with this problem and remained silent and I had to let go of our home to repay the loan.”

Ram whispered, “You could’ve told me. I’m not an outsider.” Jay turned around and said, “You were very busy and stressed with your work which made me remain quiet. All we wanted was your happiness. So I kept quiet.”

Ram started to cry and hugged his father again. He apologized to his father and asked to forgive him for his mistake. Jay smiled and said, “No need for that. I’m happy with what I got now. All I want is that you spare some time for us, we love you very much and at this old age it’s hard to travel to see you often.”

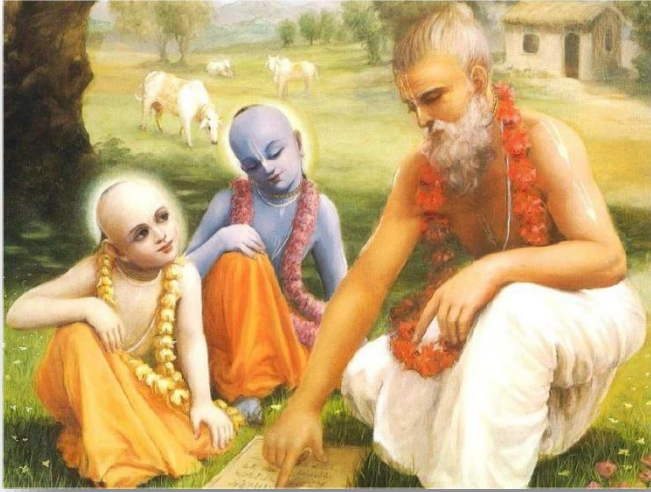
Moral: Parents will always be there and give everything they could just to make you happy. We take them for granted; we don’t appreciate all they do for us until it’s too late. When you find a path of success in your life, carry on but don’t leave your parents behind as they are the true reason of your success. You can’t return them their love even in a thousand lifetimes. Try to give them a fraction of their affection; the least every child can do.



Kṛṣṇa's GuruDakṣiṇā

By Revati Singh

Class 9



Give and take plays an important role in the relationship between a student or shishya and a teacher or a guru. When a teacher or a guru teaches student and the student learns from the teacher, the mechanism of giving and taking takes place. A teacher or a guru gives knowledge to his/her students. And in return the students are expected to give guru Dakṣiṇā to the teacher or the guru. Just as Shri Kṛṣṇa who gave guru Dakṣiṇā to his guru Sāndīpani Muni.

Kṛṣṇa went through the austere life of a brahmachari with great intensity. For six years, he was there along with a few more disciples of Sāndīpani Muni's traveling school, including Udhava his cousin brother and very dear friend and Balarāma. Sāndīpani muni taught him the Vedas, the Upanishads, the various arts and crafts and above all the usage and making of arms and weapons. Kṛṣṇa learnt to use every kind of arms, but he became an expert in using his discus. It was here that he first learnt the art of making discus from Sāndīpani muni.

Lord Kṛṣṇa and Balarāma, the reservoir of all knowledge, exhibited their perfect understanding of all the arts and sciences mentioned above. Then they offered to serve their teacher by awarding him anything he desired. This offering by the student to the teacher or spiritual master

is called Guru-Dakṣiṇā. It is essential that a student satisfy the teacher in return for any learning received, either material or spiritual. When Kṛṣṇa and Balarāma offered their service in this way, the teacher, Sāndīpani Muni, thought it wise to ask them for something extraordinary, something no common student could offer. He therefore consulted with his wife about what to ask from them. He and his wife had already seen the extraordinary potencies of Kṛṣṇa and Balarāma and could understand that the two boys were the Supreme Personality of Godhead. They decided to ask for the return of their son, who had drowned in the ocean near the shore at Prabhāsa-kṣetra.



When Kṛṣṇa and Balarāma heard from their teacher about the death of his son, they immediately started for Prabhāsa-kṣetra on Their chariot. Reaching the beach, they asked the controlling deity of the ocean to return the son of their teacher. The ocean deity immediately appeared before the Lord and offered Him all respectful obeisances with great humility.

The Lord said, "Some time back you caused the drowning of the son of Our teacher. I order you to return him."

The ocean deity replied, "The boy was not actually taken by me but was captured by a demon named Pañcajanya. This great demon generally remains deep in the water in the shape of a conchshell. The

son of Your teacher might be within the belly of the demon, having been devoured by him.”

On hearing this, Kṛṣṇa dove deep into the water and caught hold of the demon Pañcājana. He killed him on the spot but could not find the son of His teacher within his belly. Therefore He took the demon's dead body (in the shape of a conchshell) and returned to His chariot on the beach of Prabhāsa-kṣetra. From there He started for Saṁyamanī, the residence of Yamarāja, the superintendent of death. Accompanied by His



elder brother, Balarāma, who is also known as Halāyudha, Kṛṣṇa arrived there and blew on His conchshell.

Hearing the vibration, Yamarāja appeared and received Śrī Kṛṣṇa with all respectful obeisances. Yamarāja could understand who Kṛṣṇa and Balarāma were, and therefore he immediately offered his humble service to the Lord. Kṛṣṇa had appeared on the surface of the earth like an ordinary human being, but actually Kṛṣṇa and Balarāma are the Supersoul living within the heart of every living entity. They are Viṣṇu Himself but were playing just like ordinary human boys. When Yamarāja offered his services to the Lord, Śrī Kṛṣṇa asked him to return His teacher's son, who had come to him as a result of his work. “Considering My ruling supreme,” said Kṛṣṇa, “You should immediately return the son of my teacher.”

Yamarāja returned the boy to the Supreme Personality of Godhead, and Kṛṣṇa and

Balarāma brought him to his father. The brothers asked if their teacher had anything more to ask from them, but he replied, “My dear sons, you have done enough for me. I am now completely satisfied. What further want can there be for a man who has disciples like you? My dear boys, you may now go home. These glorious acts of yours will always be renowned all over the world. You are above all blessings, yet it is my duty to bless you. I therefore give you the benediction that whatever you speak will remain as eternally fresh as the instructions of the Vedas. Your teachings will be honored not only within this universe or in this millennium but in all places and ages and will remain increasingly new and important.” Due to this benediction from His teacher, Lord Kṛṣṇa's Bhagavad-gītā is ever-increasingly fresh and is renowned not only within this universe but in other planets and other universes also.

Being ordered by their teacher, Kṛṣṇa and Balarāma immediately returned home on their chariot. They traveled at great speed, like the wind, and made sounds like the crashing of clouds. All the residents of Mathurā, who had not seen Kṛṣṇa and Balarāma for a long time, were very much pleased to see them again. They felt joyful, like a person who has regained his lost property.



A Tale Of Reciprocation

By Nityananda J Upadhyaya

Class 6



On a stormy night, many years ago, an elderly couple entered the lobby of a small hotel in Philadelphia, USA. They were greeted by a clerk at the reception. They asked for a room. The clerk replied that the hotel was full. However he offered them his own room for the night so they could rest well & himself opted to just rest on a chair in the hotel lobby. They reluctantly accepted the man's offer. The next morning they thanked the clerk and left.

Three years passed, the clerk forgot about the couple until he received a letter from the elderly man. The letter had a round trip ticket to New York. When the clerk reached the New York airport he was received by the elderly man. Then they drove to the corner of the 5th avenue and the 34th street. They alighted in front of a magnificent building.

The old man said that he had just built that hotel and then requested him to be the manager. The clerk was amazed and could not believe it. Then the elderly man led him to the hotel.

The elderly man's name was William Waldorf-Aster. The building was the first Waldorf Astoria hotel. The young clerk became Waldorf's first manager. His name was George .C. Boldt. George had helped without any expectation. This post of a

manager helped him to become a millionaire in a few years.

Give And Take

By Brajpriya Gadhari

Class 7



Give and take is the name of our esteemed magazine,

The meaning of this have you ever seen?

This means what you give you get for sure,

So you do deeds this is what you ensure.

Our giving is like that of a plant manures.

The results come according to the deeds which are yours!!!

So do good to people so that good you will get,

If you do bad to society in life there will be a threat.

Say thanks care of your saplings and give good

If you are not, the society reaction will be rude!!!

If someone takes responsibility without force, that is love. – Radhanath Swami

PARENTS

A Tale Of Two Seas

By Dr Geeta Sheth

Parent of Hridima & Hridaya Sagar Sheth

Class: Play Group

The Dead Sea is really a lake, not a sea. It's so high in salt content, that the human body can float easily. Due to all the salt there is no life at all in the Dead Sea. No fish. No plants. No sea animals.

The Sea of Galilee is just north of the Dead Sea. Both the Sea of Galilee and the Dead Sea receive their water from river Jordan. But unlike the Dead Sea, the Sea of Galilee is filled with rich, colorful sea life. Same region, same source of water, and yet while one is full of life, the other is dead. How come?



Here's why. The water from river Jordan flows into the Sea of Galilee and then flows out - and that keeps it healthy and full of life. For the Dead Sea the water flows in from the river Jordan, but does not flow out. There are no outlet streams. Over 7 million tons of water evaporates from the Dead Sea every day. This leaves it salty and unfit for any life. The Dead Sea takes water from the river Jordan, and holds it. It does not give. Result? No life at all. Life is not just about getting. It's also about giving. We all need to be like the Sea of

Galilee and not end up like the Dead Sea. Let us make sure we give too and not just take. Make that a habit. To share! To give!

Dadati Pratigrahanati

By Amee Tarkas

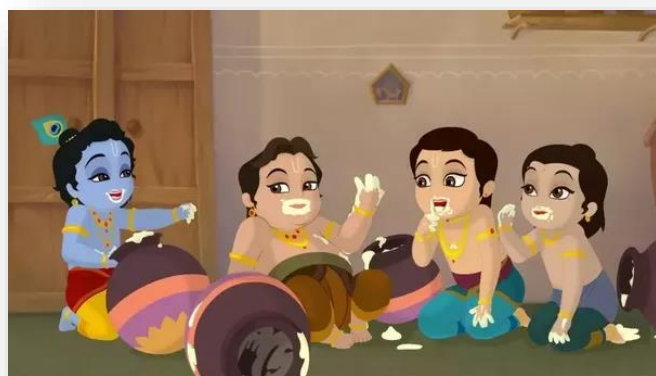
Parent of Shashwat H.Tarkas

Class: Sr.Kg.A

It simply means "Give and Take". My mummy says whatever you give, you receive the same. "Giving and Taking" always depends on our Karma. Lord Kṛṣṇa is everywhere and watches us and depending upon our Karma we receive good or bad thing.

Example of Give and Take is "Love". Mother gives unconditional love to her child. Give and Take is a part of our daily routine life. We as a devotee offer or give patra, pushpa, fala, bhog and bhakti to Lord Kṛṣṇa. In return we get prasadam, love and blessings from Lord Kṛṣṇa.

Lord Kṛṣṇa has taught us principal of "Dadati pratigrahanati" meaning "Give and Take". When Lord Kṛṣṇa in his childhood used to go to any gopika's place to steal "Makhan", he used to take all his friends "Gops" and monkeys along with him. He always first fed the "Makhan" to all his



friends and monkeys and then he himself used to have.

Even when bhakta Sudama came to Dwarika to meet Lord Kṛṣṇa, Sudama had got Some "Tandul" for Lord. Sudama did not ask for anything from Lord. But Lord Kṛṣṇa in return gave bhakta Sudama lots of vaibhav and aishwarya.

Only in the association of pure devotees are the transcendental glories of Lord Kṛṣṇa properly discussed- Srila prabhupad

Even for Bhakta Prahalad, Lord took Narsinh Avatar. In return of Prahalad's prayers, Lord saved him from each and every problem created by Hiranyakashipu.

In our day to day life also, "Give and Take" principal applies. For eg. Postman gives services for letters and posts, Milkman gives us milk at our doorstep and we have to pay taxes and in return municipal corporation makes roads etc.

Thus the principle of "Dadati pratigrhanati" applies from childhood life to social life to devotional life.

Hare Kṛṣṇa!!!

An Ancient Indian Story Of Friendship

By Sandeep Oza

Parent of HANISHA OZA

Class : 1

In the Indian facts, one of the oldest story is that of Sudama and Lord Kṛṣṇa. This is a story that destroy the wall of time and status, and shows how



a true friendship is a cause of celebration, and best example of "give n take".

Lord Kṛṣṇa was the all powerful Lord of his time who ruled a mighty vast kingdom. Sudama was his

childhood friend and had become very poor. His wife suggested that he seek the help of Lord Kṛṣṇa. So, Sudama went from his village Mathura to Dwarka to meet his friend. His wife had packed him a small gift in a cloth; it was a handful of beaten toasted rice.

Lord Kṛṣṇa received his friend in his court. He welcomed him in a way befitting a king. He also received gracefully the humble gift of a handful of rice that Sudama had brought long. The friends were overjoyed to meet. When Lord Kṛṣṇa came to know about the difficulty of Sudama and how his family is near hunger due to poverty; he gave him kind gifts of land, stock like cows and lots of gold coins, so that he could get rid of his poverty and lead a respectable life.

This story tells of the values of friendship and the duties of a true friend. It is rightly said that, 'a friend in need, is a friend indeed'.

We Receive In Giving

By Samir Paleja

Parent of Chintamani Paleja

Class 9

Finally she gave up. She was no match for evil Dushasana's might. As Dushasana was about to strip her naked in front of the packed assembly, Draupadi raised her arms and cried 'Hey Govinda, Hey Gopala.'

In matter of seconds Dushasna's evil smile disappeared when he discovered Draupadi's sari got new cloth miraculously. After pulling it for some more time, the kaurava warrior collapsed out of fatigue. Draupadi's chastity was saved by Lord Kṛṣṇa, who appeared on the scene to save his devotee from greatest calamity.

We all know the above story, but the point here is Lord Kṛṣṇa's display of walk the talk. As a supreme Lord he promised in the Bhagwad Gita that he reciprocates to his devotee as per the degree the devotee surrenders to him.

To the degree we cultivate the spirit of selfless service, to that degree we'll actually find bliss in life. – Radhanath Swami

Once, Kṛṣṇa injured his little finger while



handling sugarcane. Sathyabama, his queen immediately sent her help to get a bandage cloth while his other consort, Rukmini rushed to bring some cloth herself. Draupadi who was nearby, tore off a part of her sari and bandaged Kṛṣṇa's finger. It was highest degree of surrender to Kṛṣṇa, as Draupadi didn't consider her social position as Pandava Queen while tearing of her expensive sari. Kṛṣṇa reciprocated with her while she was in the greatest crisis of her life.

Another time Lord Kṛṣṇa reciprocated uniquely with his school friend Sudama, who was a poor Brahmin. It so happened that while meeting Kṛṣṇa in his palatial house in Dwarka, Sudama hesitated to gift packet of chipped rice he brought for Him. Kṛṣṇa snatched the packet from him and ate most of the rice as if it was a royal meal. After spending some days with Kṛṣṇa, Sudama left for his village.

On the way back Sudama was bewildered that though Kṛṣṇa knew his poverty-stricken condition he did not give him anything. He also thought that since he didn't have any material desire, Kṛṣṇa didn't offer him anything. Of course, we all know that on reaching his village, Sudama was astonished to see his hut transformed into palace with Kṛṣṇa's grace. This is how

Kṛṣṇa reciprocated in return of the insignificant chipped rice.

In material world we all know about the principle of give and take. It's based on selfish motives. But in spiritual world, "Give and Take" is present in purest form called Dadati PratiGruhanati. There is no match when Kṛṣṇa reciprocates with his devotees.

If we offer everything we have to Kṛṣṇa, he will reciprocate by giving us much more, keeping in mind our bhakti and devotion unto him. Devotees also follow the Lord in reciprocating or giving others.

If you're blessed with the means to live a reasonably comfortable way of life (meaning, if you're able to read this), you have the ability to give. The world outside can be a dark place, and those who have little or nothing depend on the generosity and loving-kindness of people with a giving spirit. When you give to the less fortunate, you add to their lives - and by adding to theirs, you add to yours too.

When you give, you may have to make sacrifices. If you feel the urge to donate to a desperate cause regardless of your own financial standing, you learn how to do without certain things so that you can make the donation. Seeing the smiles, gratitude and expressions of hope on the faces of those you are kind to makes the act of giving worthwhile. No matter how much or how little you can give, you have the power to touch the life of another person and you can affect them in ways you may never completely be aware of.

Apart from financial help, we can give our time, warmth and friendship to others. Whatever you decide to give, know that a pure spirit and a generous heart can be your own path to real happiness. Scriptures emphasise the importance of distributing Kṛṣṇa Prasad to others. Kṛṣṇa can be satisfied with just a leaf, a flower, a fruit or even some water. When we offer him these items, he converts it into Prasad. Prasad is no different than Kṛṣṇa himself. So while distributing Prasad, we distribute Kṛṣṇa himself. Prasad purifies both the giver and taker.

If you're able, give to others. You'll contribute to making the world a nicer place. You'll make the lives of the less fortunate better. And you'll brighten your own soul too.

STAFF

Loving Sacrifice

By Akshata Balkṛṣṇa Darji

Teacher

एक गाँव में 10, साल का लड़का अपनी माँ के साथ रहता था। माँ ने सोचा कल मेरा बेटा मेले में जाएगा, उसके पास 10 रुपए तो हो, ये सोचकर माँ ने खेतों में काम करके शाम तक पैसे ले आई। बेटा स्कूल से आकर, बोला खाना खाकर, जल्दी सो जाता हूँ, कल मेले में जाना है। सुबह माँ से बोला - मैं नहाने जाता हूँ, नाश्ता तैयार रखना, माँ ने रोटी बनाई, दूध अभी चूल्हे पर था..! माँ ने देखा बरतन पकड़ने के लिए कुछ नहीं है, उसने गर्म पतीला हाथ से उठा लिया, माँ का हाथ जल गया।

बेटे ने गर्दन झुकाकर दूध रोटी खाई और मेले में चला गया। शाम को घर आया, तो माँ ने पूछा - मेले में क्या देखा, 10 रुपए का कुछ खाया कि नहीं..!! बेटा बोला - माँ आँखें बंद कर, तेरे लिए कुछ लाया हूँ। माँ ने आँखें बंद की, तो बेटे ने उसके हाथ में गर्म बरतन उठाने के लिए लाई साइडी रख दी। अब माँ तेरे हाथ नहीं जलेंगे। माँ की आँखों से आँसू बहने लगे।

माँ के चरणों में स्वर्ग है, कभी उसे दुखी मत करो..! सब कुछ मिल जाता है, पर माँ दुबारा नहीं मिलती।

कोण मोठं?

सौ.सुरभिप्रिया नंदतनुज देशपांडे.

कलाशिक्षक

जरा वेळ काढून आपण स्वतःच्या आयुष्यातील आतापर्यंतचा प्रवास कसा झाला हे बघूया असा विचार जेव्हा मनात येतो तेव्हा आपल्याला सर्व प्रथम आपल्या जीवनातील सर्व आनंदाच्या क्षणांची चित्रफित डोळ्यासमोर फिरू लागते. तेव्हा देखील आपण त्या प्रत्येक आनंदाच्या क्षणांचा अस्वाद अगदी मनसोक्तपणे घेऊ लागतो. आपण पूर्णपणे त्यात रमून

जातो असे वाटते की ते क्षण पुन्हा पुन्हा यावेत. पण या सर्व प्रवासात काही कटू क्षणदेखील त्यांच्या अस्तित्वाची आपणांस जाणीव करून देत असतात अशावेळी आपण त्यापासून दूर पळण्याचा प्रयत्न करत असतो पण त्या देखील तितक्याच चिकाटीने आपला पाठलाग करत असतात. पण या सर्व प्रवासाचा आढावा घेत असताना आपण जरा हे देखील बघूया की आपण आपले कुटुंब, नातेवाईक, मित्रमंडळी, समाज, निसर्ग आणि परमेश्वराकडून किती घेतले आणि त्यांना किती दिले. खरंच विचार करण्यास लावणारी गोष्ट आहे.

असो. याच संदर्भात नुकतीच माझ्या वाचनात एक प्रेरणादायी सत्यकथा आली ती अशी. आज सकाळी नाशिकच्या कपालेश्वर मंदिरात दर्शनासाठी गेलो होतो. मंदिरात प्रवेश करणार तोच नेहमी मंदिराच्या कोपऱ्यावर भीक मागणारी अंध म्हातारी दिसली. सुरकूतल्या चेहऱ्याने व कृष हाताने ती मंदिराचा दरवाजा चाचपडत होती.

भीक मागत ही म्हातारी आज थेट इथपर्यंत आली हा विचार करून मी माझं पैश्याने भरलेलं पाकीट तिला भीक देण्यासाठी काढलं.

नोटांच्या कप्प्याकडे सोयीस्कर दुर्लक्ष करून चिल्लरच्या कप्प्याकडे हात घातला.

त्यातही हाताशी आलेल्या 10 व 5 च्या नाण्याला सोडून सगळ्यात छोटं एक रुपयाचे नाणं काढलं आणि स्वतःला दानशूर माणूस समजून देवाच्या अगदी समोरच तिच्या हातावर (ज्यात अगोदरच काही नाणे होते) ते नाणं टेकवले.

म्हातारीने त्या नाण्याचा स्पर्श होताच "सुखी रहाचा" भरभरून आशीर्वाद दिला.

एक रुपयाच्या बदल्यात देवाच्या साक्षीने सकाळी सकाळी "सुखी रहाचा" आशीर्वादाने मिळाल्याने मनोमन खुश होत मी शिव दर्शनासाठी पुढं सरसावलो... बघतो तर ती म्हातारीही पुढं होत होती.

मी म्हटलो दिले की आजीबाई पैसे अजून काय पाहिजे?

म्हातारी: देवाला भेटायला निघाले बाळा.

मी हसत बोललो: का ग, देवाकडे अजून पैसे मागायचेय का!

म्हातारी: नाही रे तोच तर रोज देत असतो तुमच्या सारख्यांच्या हातून.



मी तिच्या उत्तराने थबकलो व माझा पूर्वीचा चेस्टेचा सूर बदलून तिला विचारले, मग काय आजी तुला दर्शन घ्यायचे आहे का!!

म्हातारी: हसत हसत बोलली मला कुठे काही दिसत रे बाबा की आत जाऊन त्याच वेगळं दर्शन घ्यावं!!

तिच्या या उत्तराने आता मी पुरता भांबावलो, दरवाज्याकडे परत वळलो व काहीतरी बोलायचं म्हणून बोललो, चल आज्जी तुला हात धरून देवापाशी घेऊन जातो.

म्हातारी: तू चाललाय ना आत?

मी: हो, का ग! म्हातारी: मग माझं येक काम करशील पोरा!

मी: (सांशक होत) बोल काय काम. म्हातारीने तिचा हात पुढे केला आणि बोलली येवड देवाला देशील! आणि तिने हाताची मुठ हळुवार उघडली, त्यात 10, 5, 2, 1 चे नाणे होते.

मी: हे देवाला द्यायचे!

(तिची परिस्थिती बघून मी बोललो)

म्हातारी: हो. मी: देवाला काय करायचे तुझे पैसे! म्हातारी: अरे तोच तर मला देतो, मग मी नको त्याला काही द्यायला? मी: अग पण देवाला नाई लागत पैसे, तो काय करेल याच, उलटे हे तुझ्याच कामात येतील की.

म्हातारी: माझ्या पुरते तर तो रोज देतोच की, हे त्याच्यासाठीचे आहे त्याच्या पैश्याच काय करायचं हे त्याच तो जाणे, तू टाक हे पेटीत जा...

एवढं बोलून ती अंध म्हातारी तिच्या रोजच्या जागेकडे परत निघाली देखील, निष्कामपणे देवाकडे काहीही न मागता, देवाची झोळी भरून...

मी म्हातारीच्या खऱ्या औदार्याने भारावलेल्या अवस्थेत नकळत कपालेश्वरापुढे उभा ठाकलो.

म्हातारीने हातात टेकवले सर्व नाणे दानपेटीत रीते केले आणि रीत्या मनाने व रीकाम्या हाताने मंदिराला प्रदक्षिणा मारून घराकडे परत निघालो...

परततांना पुढे मंदिराच्या कोपऱ्यावर तीच अंध म्हातारी तिच्या नेहमीच्या जागेवर बसलेली दिसली. अगदी प्रसन्न...

स्वतः शी हसत, काही तरी बडबडतांना...

(ती हातात नुकत्याच कुणीतरी दिलेल्या 50 च्या नोटेला चाचपड, हसत काहीतरी पुटपुटत होती...)

कुतूहलापोटी मी ती काय पुटपुटतेय हे ऐकण्याचा प्रयत्न केला...

म्हातारी: देवा तुला बी जरा दम नाही बाबा, लगेच पैसे परत

पाठवले बी, मला काय करायचे रोज येवडे...

थोड्यावेळापूर्वी एक रूपयाच नाणं टेकवणार व्यवहारी मी परत एकदा निशब्द झालो, एकदम हरवलेला.... कधी त्या म्हातारीकडे बघत होतो तर कधी दूर गाभाऱ्यात बसलेल्या, न दिसणाऱ्या त्या देवाकडे...

कळतच नव्हत कोण मोठं?

रोज न चुकता या दीन दुबळ्यांची काळजी वाहणारा तो परमपिता परमेश्वर की श्रद्धा व विश्वासाने त्या देवाचीही झोळी भरणारी ती अंध म्हातारी.....

Are We Symbiotic?

By Neeta Nayak

Teacher

The term 'symbiosis' in biology refers to the interaction between the two different organisms living in close association, typically to the advantage of both. Plants and their pollinators is one of the many examples of symbiosis. The insects, birds, moths, bats who visit the plants to gain energy-rich nectar, provide the plant with the service of being pollinated. Also pollen is distributed when these pollinators visit more plants of the same species.

On a broader context, symbiosis is a mutually beneficial relationship between different people or groups. It is important to understand that each organism or species contribute something that benefits the survival of the other and in turn receives a survival benefit of its own. Most creatures are unaware that they are helping other creations. They are just doing what they know best.

Let us ask ourselves, “Are We, humans, symbiotic?” Humans, as a species, need to look at nature to understand ‘Symbiosis’ and its importance. We seem to have dropped our virtues and it is evident in the way we treat nature. The



abuse of environment and its repercussions are becoming evident with each passing day. We have to learn to exist in such a way that our presence is an advantage to other species. The least we can do is to leave nature as it is, if we cannot make it any better.

Simply said, Symbiosis teaches us to ‘live and let live’. In giving, you receive too. We, the so called ‘evolved species’ should start mending our ways and care for the environment before it is too late.

Love To Serve

By Kailash Vyas

(Kṛṣṇa Gopal das)

Commercial Manager

‘Give and Take’ is the transaction that every individual needs to go through in this world. Every loving relationship has to go through these phases. It is said that God gives, gives, and forgives but man gets, gets and forgets. There are two types of people in this world one is ‘Taker’ and other is ‘Giver’. Taker takes well and the Giver sleeps well. We have scriptural evidences full of ‘Give and Take’.

One of the important story is about Kṛṣṇa and Sudama who was a poor Brahmana and a childhood friend of Kṛṣṇa. His wife told him to go to Kṛṣṇa for some economic help. She gave some chipped rice with devotion for Kṛṣṇa which he lovingly ate.

It is said in Bhagvad Gita: Patram ,Pushpam ,Phalam ,Toyam Yo me bhaktya payachati.... If one offers me with love and devotion even a leaf, fruit, water or flower; I accept it. Lord Kṛṣṇa accepts your love and devotion. So Kṛṣṇa accepted chipped rice and in return the wealth of the three worlds was awarded to Sudama.

Now this story is related to God, but how do we live practically in this world with the balancing act of ‘Taking and Giving’?

Research has shown that ‘Givers’ are the most happiest people in this world and ‘Takers’ mostly think only of themselves. Mother Teresa served the poor and needy selflessly and relentlessly. And she was the most happiest and satisfied person. Also AC Bhaktivedanta Swami Shrila Prabhupad went to western countries to give the spiritual culture at the cost of his health and all the discomfort but he was the most blissful person. It is said that it is in giving that you ‘receive’ - receive the blessings that brings good fortune .

The epic of Mahabharat narrates how Kṛṣṇa



saved Pandavas from the anger of Durvasa Muni. Once Durvasa Muni visited the pandavas in the forest with his 60000 disciples. Yudhisthir Maharaj, the eldest pandava, welcomed the hermit

Durvasa and invited him for lunch at his place. The Pandavas had a magical vessel, 'Akshay Patra' which means a vessel supplying unlimited food. This vessel was a gift from 'Sun-God'. But this vessel would supply unlimited food till the Pandava wife 'Draupadi' had eaten from that vessel. Unfortunately Draupadi had eaten that noon from Akshay Patra and therefore there was no food available to serve Durvasa Muni and his 60000 disciples. She remembered Kṛṣṇa in distress and the Lord came to her aid. He examined the 'Akshay Patra' and found one single grain of rice. He ate it and the effect was that all the guests invited for lunch were satiated. They left without having lunch and the Pandavas were saved from the anger of Durvasa Muni.

This is a reminder to all of us that in return for the very little that we have to offer, the Lord gives benevolently to all of us and far in excess of our expectation.

Let us all be the Givers and not only Takers.

FOOD FOR YOUR BRAIN

Interesting Facts About India

By Manav Shirali

Class 7

India has the largest postal network in the world with over 1,55,015 post offices. A single post office on an average serves a population of 7,175 people. The floating post office in Dal Lake, Srinagar, was inaugurated in August 2011

The 2011 Kumbh Mela was the largest gathering of people with over 75 million pilgrims. The gathering was so huge that the crowd was visible from space.

Shampoo was invented in India, not the commercial liquid ones but the method by use of herbs. The word 'shampoo' itself has been derived from the Sanskrit word *champu*, which means to massage.

India has won all 5 men's Kabaddi World Cups held till now and have been undefeated throughout these tournaments. The Indian women's team has also won all Kabaddi World Cups held till date.

In September 2009, India's ISRO Chandrayaan- 1 using its Moon Mineralogy Mapper detected water on the moon for the first time.

The first rocket was so light and small that it was transported on a bicycle to the Thumba Launching Station in Thiruvananthapuram, Kerala.

Elephants receive baths, massages and even food at the Punnathoor Cotta Elephant Yard Rejuvenation Centre in Kerala. Now that's a BIG step for the country.

India is second only to the USA when it comes to speaking English with around 125 million people speaking the language, which is only 10% of our population. This is expected to grow by quite a margin in the coming years.

Be it because of religious reasons or personal choices or both, around 20-40% of Indians are vegetarians, making it the largest vegetarian-friendly country in the world.

Shakuntla Devi was given the title "Human Computer" after she demonstrated the calculation of two 13 digit numbers: $7,686,369,774,870 \times 2,465,099,745,779$ which were picked at random. She answered correctly within 28 seconds.

Rabindranath Tagore is credited not only for writing the Indian national anthem, *Jana Gana Mana*, but the Bangladeshi national anthem, *Amar Sonar Bangla*, as well. He was also offered knighthood by the British but refused the honour after the Jalianwala Bagh massacre.

Initially, diamonds were only found in the alluvial deposits in Guntur and Kṛṣṇa District of the Kṛṣṇa River Delta. Until diamonds were found in Brazil during the 18th century, India led the world in diamond production.

Earlier known as Moksha Patamu, "Snakes and ladder" was initially invented as a moral lesson about *karma* to be taught to children. It was later commercialized and has become one of the most popular board games in the world.

Quotes

By Mitansh. L. Oza.

Class 2.

1. Love is the ultimate meaning of everything around us. It is not a mere sentiment. It is truth; It is the joy that is at the root of all creation.
2. The super power that I would choose would be compassion. Because that's what I think it takes to make it through life-an understanding of give and take. It saves an awful lot of resentment.
3. We make a living by what we get, but we make a life by what we give.
4. Knowledge will give you power, but character will give respect.
5. The day the power of love overrules the love of power, the world will know peace.

10. Using only addition, how do you add eight 8's and get the number 1000?

11. Which word reads the same both from left to right and right to left?

Answers:

1. Age and height
2. The day you were born, only once in a lifetime
3. Fishes do not drown!
4. Peacocks do not lay eggs
5. Sponge
6. Rain
7. A computer
8. A drop of water
9. SWIMS
10. $888 + 88 + 8 + 8 + 8$
11. MALAYALAM

Scratch Your Head 😊 😞 !!!!

By Dayita Harihara Subramaniam

Class 4

1. What goes up but never goes down?
2. When do you get to celebrate your birthday?
3. There were 12 fishes in a pond, 6 drowned in the pond. How many fishes were left in the pond?
4. A peacock laid an egg which rolled off a hill. Which side did it roll off the hill?
5. What is the thing that has holes but can still hold water?
6. What comes down but never goes up?
7. You may enter, but you may not come in, I have space, but no room, I have keys, but open no lock. What am I?
8. What can run but can't walk?
9. What word looks the same backwards and upside down?

GOPALITES' ACTIVITIES- PRE-SCHOOL



Animal Week



Animal Week

Celebration Of Janmashtami
Festival At School

Celebration Of Jhulan Yatra



Celebration Of Jhulan Yatra



Dough Binding Activity

Hoppipolla-Jumping Into The
PuddlesHoppipolla-Jumping Into The
Puddles

Raksha Bandhan Festival

Visit To A Ganesh Modelling
WorkshopVisit To A Ganesh Modelling
Workshop

Display Of Rainy Wear

GOPALITES' ACTIVITIES-MAIN SCHOOL



CCA Activity



CCA Activity



Class 10 On Cleanliness Drive



Class 10 On Cleanliness Drive



Wednesday Student's Assembly



Ekadasi Tulsi Pooja



Student's Council



Classes Outside Classroom



Classroom Activities



Field Trip



Field Trip



Field Trip

EVENTS

International Yoga Day



Solo Dance



Winners Of Solo Dance Competition

Class 1 and 2

1. Vrajpriya Jethwa
2. Drishi Hingarh

Class 3 and 4

1. Unnati Fulare
2. Vedika Kothari

Class 5 and 6

1. Mihika Joshi
2. Jhanvi Bhagde

Class 7 and 8

1. Shachi Shirwadkar
2. Radhanath Chadha

Class 9 and 10

1. Kalinda Mistry
2. Rasika Shanbhag

Elocution and Just A Minute(JAM)



Winners Of Elocution(Class 1 to 5) and JAM(Class 6 to 10)

Class 1

Kartik Agrawal 1st
Hanisha Oza 2nd

Class 2

Vrajpriya Jethwa 1st
Namish Pardeshi 2nd

Class 3

Upananda Dubey 1st
Vedvati Desai 2nd

Class 4

Niyati Shanbhag 1st
Shristi Baid 2nd

Class 5

Sampada Arole 1st
Janhavi Bhagde 2nd

Class 6

Dev Unadkat 1st
Sanaya Das 2nd

Class 7

Dhanya
Hariharasubramaniam 1st
Aarnav Shedge 2nd

Class 8

Radhanath Chadha 1st
Jay Radhe Tela 2nd

Class 9

Kalindi Mistry 1st
Shayama Tyagi 2nd

Class 10

Tulsi Priya Muley 1st
Uddhav Gokaan 2nd

Jagannath Rath Yatra



Independence Day



Pandharpur Medical Camp



Sanskrit Divas



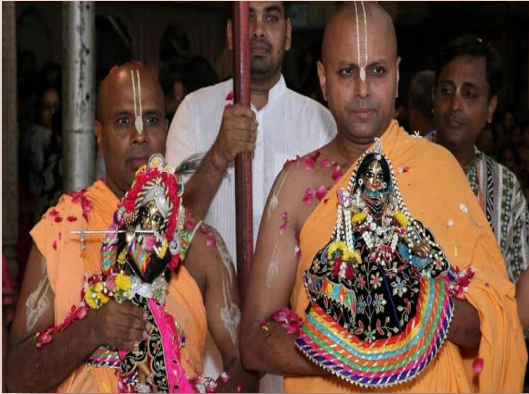
Janmastami Utsav



Teacher's Day Celebration



Brahmotsava 2018-A Cultural Festival



A FEATHER IN THE CAP

Kudos to all of you for 100% CBSE Boards Results, dear children! You put in your very best and proved your mettle. The glaring results speak of your efforts.

This being the first CBSE batch, we are definitely delighted with your achievements. Your efforts, backed by your parents & teachers and blessed with the grace and mercy of Their Lordships Sri Sri Nimai Nitai, have set a trend for others to follow.

Congratulations to all of you!

Tanvi Das-Topper with 93 percentage



Priti Gupta -100/100 in Sanskrit



School Result

- Keshav Garodiya
- Priti Gupta
- Hrishika Donthula
- Ram Lakshminarayanan
- Vinit Sharma
- Jay U.Modak
- Harshit Donthula
- Priya M. Gadhiya
- Janvi Kakadia
- Sripathi S. Prasad
- Surabhi B. Hedulkar
- Jayanand S. Shanbhag

