

## GOPAL'S GARDEN HIGH SCHOOL





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Aham Sarvasya Prabhavo Mattah Sarvam Pravartate Iti Matva Bhajante Mam Budha Bhava Samanyitah

Bhagavad Gita -10.8

'I am the source of all spiritual and material worlds. Everything emanates from me. The wise who perfectly know this engage in my devotional service and worship me with all their hearts.'

Our Shastras extol the pastimes of sage Narad and his travels. During one such excursion he happens across a knowledgeable Brahmana and a simple cobbler. Both ask him about his destination to which he replies, "the holy abode of His Lordship." Each sincerely requests Naradji to ask Lord Vishnu a question –'When will I achieve Godhead?' Narad continues to Vaikuntha Dham. When he relays these requests to Lord Vishnu, The Lord replies 'The Brahmin will require several lifetimes while the cobbler will achieve My abode at the end of his lifetime.'

Narad expresses his confusion to which the Lord replies that 'When they ask you what I was doing in My abode, tell them I was threading an elephant through the eye of a needle.'

When Narad returns to the Earth and meets the Brahmana, expressing the Lord's sentiments, the brahmana rebukes Naradji unable to believe the action of the Lord.

On the other hand, the simple cobbler immediately begins to weep upon hearing the Lord's activity. Naradmuni expresses his amazement at the faith of the cobbler. The cobbler who is seated under a Banyan tree explains to Naradji that in each seed of the Banyan tree is another one lying dormant and from a small seed grows the mighty Banyan. How creatively divine is the Lord then?

When we look at the canvas of this world we see the hues of so many colours, different species able to adapt to different habitats, different phenomena some inexplicable to these senses.

The mastermind, the original creator and first designer is His Lordship-Sri Krsna. He is the primary artist and we are but the reflection of His creation.

Be it the rainbow, the Northern Lights, the Uyuni Salt Flats, the majesty of the Himalayas or the depth of the Amazon Rainforests, the creativity of Sri Krsna is unfathomable.

A small percentage of this is seen in mankind which we wish to highlight in this edition of Garden Buzz.

Following in His magnanimous footsteps let us all too, fan this creative spark within us and in our children – cast no judgments rather encourage and appreciate the talents and potentials.

'Unleashing Creativity' is a small attempt in that direction.

Happy Reading! RAJAS SARDESAI BHOSALE Principal



Books are the basis; Purity is the force; Preaching is the essence; Utility is the principle.

- A. C. Bhaktivedanta Swami Srila Prabhupada

#### **FOREWORD**

'You can't use up creativity. The more you use, the more you have. '

Creativity flows – ideas take shape, existing ideas are improved, solutions emerge, innovations and expressions come up. The list is endless. Creativity is the fountain that will never dry up as the source is the ever active human mind, the imagination that is evergreen.

From the invention of wheel and the discovery of fire to images generated from AI is all creativity at work. Creating unique recipes, experimenting with flavours, decorating spaces in a unique way, creating personalized outfits, designing a garden, composing melodies. The list can go on and on. Creativity lives in us and is a part of us. It brings forth development and progress – of individuals, community and society.

This edition focuses on the creativity that we all have in some form or the other and expressed in various ways and forms. We have tried to give a platform to showcase as much talent, potential, skills, art and expressions as we could accommodate.

There is so much more talent that remains untapped. We appreciate and acknowledge all the creativity that exists in our Gopal's Garden family that we couldn't take up in this edition.

GARDEN BUZZ TEAM



# "UNLEASHING CREATIVITY" UNRAVELLING THE COVER PAGE

(The vibrant cover page of our school's e-magazine comes to life as envisioned by the budding artist Nishtha Joshi of class 9 followed by her attempt to interpret the same. The cover page has been improvised by our computer teacher, Yash Dalvi)

There is a theory that says that our brain has two sides which influence our thinking and behaviour.

The left side of the brain is known to be more associated with being analytical and logical and with thinking. This side of our brain is more focused on facts, and realism predominates this side of the brain.

The right side of our brain, on the other hand is said to be more related to creation, intuition, and feeling. The right side of the brain is focused on arts and creativity and imagination predominates this side of the brain.

Here, we see that the left half of our brain is all related to facts and math and science and thinking is rational and analytical. This side of our brain is used often as it could be related to both work and studies.

The right half of the brain is the lively and colourful side which is all about ideas and creativity. Our talents, imagination, ideas etc are on this side of our brain.

This creative side exists in all of us but is often not used and lies dormant. There is a message given here - to allow this side to be used if you aren't, and unleash all the creativity, ideas and talents that are hidden in this side of our brain as they are an important part of us.



NISHTHA JOSHI Class 9



#### **SOULFUL INSIGHTS**

#### **CHANNELS OF CREATIVITY IN SPIRITUAL PRACTICE**

Creativity encompasses multiple areas of both thought and art. It is the concept that allows unfettered ideas to develop and grow. In the physical world, it often manifests as creative work such as a painting, a sculpture or a book. Simply put, it is your soul's manifestation in your life.

Children engage in imaginative games and enjoy creative endeavours like drawing or painting. However, as they grow up, children are forced to conform to modern ideas of intelligence and move away from spiritual intelligence. They're pushed into the realms of logic, structure, and the ego. The creative aspect remains untapped.

#### The Connection between Creativity and Spirituality

Creativity relates directly to spirituality. Creative people have unique ways of showcasing their spiritual connection through art and imagination developing wisdom and peace in the process. Creativity and spirituality are connected because it is your spirituality that guides your creative thoughts. Spirituality is the source of a creative idea or thought process. After all, your soul is the inner child that you lock away to engage in the material world. Creative ventures are a way of the soul unlocking the boundaries and setting the inner child free – free to explore its uniqueness. All of us are able to see these unique aspects of a person in terms of art form and its many variations.

#### **Connecting to Spirituality through Creative Ventures**

Any spiritual festival in India, be it Janmashtami, Ganesh Chaturthi, Navaratri, Diwali etc brings out our spirit of creativity. All homes, altars, deities, people are dressed up in a very creative and colourful manner. People of all age groups actively involve themselves in different ways to celebrate festivals.

I recently had the opportunity to visit Sri Sri Radhagopinath Temple for prejanmashtami celebrations. The place was buzzing with excitement and enthusiasm adding to the vibrant colours of decorations. Everyone was totally absorbed in celebrating the appearance day (birthday) of Lord Sri Krishna also lovingly known as Laddoo Gopal. The spiritual vibrations from this temple were of a different energy level.

I had the opportunity to visit the deity dressing department where the festivaldresses are created, designed and stitched with great love and fervour by a team of young and old enthusiasts. I was surprised to see men and women, girls and boys, coming together, sharing their ideas and concepts to create a wonderful dress for the temple deities (Sri Sri Radha Gopinathji, Gopalji (Srinathji) and Lalita and Vishakhaji (Sakhis). There were small children also contributing in their own sweet way to the dress making.

Creativity is a quality that is provided by Lord Krishna to all of us and can be displayed in many different forms like singing, dancing, cooking, writing, playing any instrument, designing, drawing, painting etc...... the options are limitless and so are their expressions. Creativity is born with us and lives on through our expressions. The spiritual energy and creativity that can be absorbed from our scriptures is limitless. Listening to the creative call, and allowing it to express itself through you, requires you to slow down and listen which is difficult in the fast paced world that we live in. Spirituality brings in contemplative awareness enabling us to pause, think, create space

## But what makes creativity a spiritual practice? Or better yet, how can you use creativity as a spiritual practice?

for stillness, come up with ideas and bring them into reality.

Creativity takes a spiritual turn when we start breaking the limits that we have imposed on us. Limits about ourselves and who we are, limits about what is possible in the world, limits about who we believe we can be and what we believe we can achieve. To break free of the self-imposed limitations, you have to allow yourself to think differently, cultivate a wandering mind and unleash the power of your imagination. Creativity takes you inward, allows you to tap into your subconscious subtly leading you to spirituality. Your creative side leads you to exploration and discovery, change and growth.

So, don't miss out, and especially not by thinking you're not an artist or that you're not the creative type. All it takes is for you to focus and pay close attention to what your mind is telling you.

"Although others may not listen to you but your mind is always listening to you."



USHA GAONKAR Counsellor





"The most pleasing worship of the Lord is worship of His devotees."

- H. H. Radhanath Swami Maharaj

## STREET ART UNLEASHED: A GLOBAL CANVAS OF CREATIVITY

Street art and murals have emerged as powerful mediums of expression, transforming cityscapes into open-air galleries. In the bustling urban landscapes of cities around the world, you can witness a silent revolution — one that doesn't unfold in galleries or museums, but on the very streets we walk. Let's embark on a journey to explore some of the most creative, vibrant and meaningful street art pieces from various cities.

#### 1. New York, USA: The Concrete Jungle's Living Canvas

Location: Various boroughs of New York City

In the heart of the Big Apple, walls speak volumes. From the iconic murals in Bushwick, Brooklyn, to the powerful social commentary in Manhattan, New York's street art scene pulsates with creativity and activism.

In 2013, Joseph Ficalora, a native of the Brooklyn town decided that the best way he could heal after the tragic murder of his father back in 1991 was to start a transformative Graffiti and Street Art project. Various artists from many countries have their talents showcased on the industrial and residential buildings of Bushwick. There are a few rules: nothing offensive to children, women and local businesses. Street art is not permanent and mostly stays around for 12 months but there are works surviving for 5 years.



Portrait of a woman. Artist: Lexi Bella, a New York City painter, muralist, and street artist. Work from Bushwick Collective block party 2018.

2. Valparaíso, Chile: The Colorful Hills of Creativity

Location: Cerro Concepción and Cerro Alegre

Nestled on the hills overlooking the Pacific, Valparaíso boasts some of the most vibrant and eclectic street art in South America. Every alleyway and staircase is adorned with a riot of colors, each piece telling a story of Chilean culture and resilience.



Walking Paths Decorated with Street Art in Valparaíso, Chile.

3. Melbourne, Australia: The Laneways of Expression Location: Hosier Lane, Union Lane, AC/DC Lane, and more

Melbourne's laneways are transformed into kaleidoscopic canvases, where artists showcase their talents in a celebration of creativity. From intricate stencils to vibrant freehand works, every corner is a testament to Melbourne's thriving arts culture.



Hosier Lane Street Art, Melbourne, Australia

4. Rio de Janeiro, Brazil: The Soul of the Favelas

Location: Santa Marta Favela, Lapa Neighborhood

In the midst of the vibrant chaos of Rio, the favelas come alive with art. Murals in Santa Marta Favela are not just paintings; they are declarations of hope, community, and cultural pride.



The side of the building painted overseeing a private parking lot in Rio

5. Cape Town, South Africa: The Tapestry of Transformation

Location: Woodstock, District Six, and more

Cape Town's street art tells a story of a city in transition. From the vibrant murals of Woodstock to the poignant pieces in District Six, each work of art is a reflection of South Africa's rich history and its journey towards a more inclusive future.



The Zebra Suit' created by artist Interesni Kazki represents our connection to the animal kingdom.

Street art around the world is an example of various stories on walls. The walls have become a canvas for voices that tell tales silently through their art. These are just a few glimpses into the global tapestry of street art. When we happen to wander through some city streets, let's remember to pause and appreciate the stories, the struggles, and the triumphs that adorn the walls around us.



NIKITA SINGH Computer Teacher



## GLOBAL CELEBRATIONS OF CREATIVITY: FESTIVALS THAT IGNITE INSPIRATION

Across the continents, there exist vibrant celebrations that pay homage to creativity and the arts. These festivals serve as beacons, drawing together artists, visionaries, and enthusiasts from all walks of life. Join us as we embark on a journey through some of the world's most renowned creative festivals, each a testament to the power of human imagination.

1. Burning Man - Black Rock City, Nevada, USA

When: Late August to Early September

Nestled in the Nevada desert, Burning Man is a week-long celebration of radical self-expression, art, and community. Participants create otherworldly installations, sculptures, and art cars, fostering an environment of creativity and collaboration. The theme for Burning Man 2023 was 'Animalia', an ode to the animal kingdom and humanity's place within it.



DraGong" by Michael Malecki – a theme-related project, Animalia 2023

2. Edinburgh Festival Fringe - Edinburgh, Scotland

When: August

The Edinburgh Festival Fringe is one of the greatest celebrations of arts and culture which takes place every August in Edinburgh, Scotland's capital city welcoming artists from all disciplines. From theatre to music, comedy, and visual arts, this festival transforms Edinburgh into a sprawling stage for creativity.



Performers at the Edinburg Festival Fringe

3. Venice Biennale - Venice, Italy

When: Every two years (odd-numbered years)

The Venice Biennale is the oldest and most prestigious art exhibition in the world. Throughout decades, La Biennale di Venezia has maintained its ability to anticipate new trends in art, while presenting works and artists of every period under renewed perspectives. Artists from across the globe converge to exhibit their work in pavilions, showcasing the diversity and dynamism of contemporary art. This year's theme, places Africa as 'The Laboratory of the Future' and sets out to give space to the under-represented Africa and the African diaspora.



Lorenzo Quinn's monumental sculpture titled 'Support' unveiled at Venice Biennale 2017

4. Glastonbury Festival - Somerset, England

When: Late June

Glastonbury Festival is a five-day festival of contemporary and performing arts that takes place in Pilton, a village in Somerset, England. It is held annually in the last weekend of June. While primarily known for its music lineup, Glastonbury Festival also celebrates arts in various forms - from immersive art installations to performance art and theatre.



Glastonbury Festival 2023

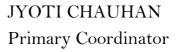
5. Coachella Valley Music and Arts Festival - California, USA

When: April

Coachella is one of the largest, most famous, and most profitable music festivals in the world also known for its large art installations, which often feature interactive and immersive pieces transforming the festival grounds into a captivating visual landscape. This festival also hosts a wide variety of other art-related activities including live painting as well as and film screenings.



Coachella Festival 2023





"When 'plans' turn into 'expectations' we set ourselves up for misery."

- H. H. S. B. Keshava Swami Maharaj

#### INDIAN CELEBRATION OF ART

The culture and traditions of India are steeped in its local art that varies across states. Every state has its own unique and immersive folk-art form and style exhibited with a burst of color, breath-taking landscapes and much more. Art shows and fests provide an opportunity to the local artisans and artists from different disciplines to display their work like sculptures, paintings, drawings, ceramics, photography and more.

Let's get acquainted with some art festivals in India that are definitely worth adding to your travel list:

1. India Art Fair

Launched: 2008

Where: Annual event held in the capital city of New Delhi.

When: January-February

Apart from the beautiful art and culture exhibit including paintings, art installations, the fairs' program comprises auditorium talks, performance art, workshops, art walks, and various other parallel interactive programs. It reflects the country's dynamic art scene, as well as offers insights into the cultural landscapes of neighboring countries including the South East Asia region. The theme for 2023 was 'Finding the Extraordinary in the Ordinary'.



2. Kala Ghoda Arts Festival

Launched: 1999

Where: Kala Ghoda Area of South Mumbai

When: February

This nine-day long art festival promotes and preserves the cultural heritage of South Mumbai. This iconic festival is an exhibition and celebration of Indian art forms. It comprises nearly 500 programs (workshops and events) across 14 verticals including art, theatre, music, films, concerts, comedy, food, design, cinema, dance, heritage walks, literature and more! Today, it attracts visitors and artists not just from the city but from all over the country and the world. The theme for 2023 was 'Past Forward'.



Intellectual Crow, an art installation by Sumeet Sanjay Patil at Kala Ghoda Arts Festival, 2023

#### 3. Surajkund Crafts Mela

Launched: 1987

Where: Surajkund, Faridabad, Haryana

When: First fortnight of February

Also known as International Crafts Mela, it aims to promote traditional Indian art, cuisine, handlooms and handicrafts. Along with celebration of Indian folk traditions and cultural heritage, there are enough options for adventure sports, amusement and joy rides in the fair. This mega affair now has millions of visitors from all across the globe.



#### 4. Taj Mahotsav Launched: 1992

Where: Shilpgram, Agra When: 18th-27thFebruary

This 10-day long annual carnival is one of the most colorful and popular art festivals in India offering wonderful opportunities to catch a glimpse of the country's rich and vibrant arts, crafts, cuisine, dance, and music. The fest has more than 400 artisans from all over the country showcasing their talent. Everything from stone and wood carvings of Tamil Nadu, bamboo artwork of the North-eastern states, Kantha embroidery clothing from West Bengal, pottery art of Khurja are available under one roof. Along with exquisite traditional art and craft collections, there are performances and cultural evenings by renowned folk artists and scrumptious cuisine from different



#### 5. Ellora-Ajanta International Festival

Launched: 2002

Where: Soneri Mahal, Aurangabad, Maharashtra

When: October / February

This three-day long event is a perfect combination of grandeur, artistry, and skill. Apart from the virtuoso cultural performances from some of the best-known artists of Indian music and dance, this event encourages handicrafts by giving exposure to the local artisans in Kalagram.



These public celebrations are just a glimpse of the bigger picture. There is always much more that can be discussed when it comes to the vastness of India and its festive spirit combined with the rich tradition and culture.

NEETA NAYAK English Teacher Secondary Section



### **PAINTING WITH LIGHTS**

I am a freelance Director of Photography. My main responsibility is to translate the director's vision on screen through my camera work. I film different types of videos like ads, short films, music videos, and corporate videos.

Throughout my career, three guiding principles have shaped my journey: Explore, Experiment, and Experience. From a very young age, I have been driven by creativity, enthusiasm, and the courage to try out new things. My talents bloomed early, and I developed skills in sketching and painting through self-teaching, keen observation, and practice.

Embracing the belief that "emotions bring life to existence", I was fascinated by the art of capturing emotions through pictures and videos, tracing my passion back to the first time my father handed me a Kodak camera. I cherished shooting on negative reels and the process of developing them. On completing my 10th grade, I did a short course in photography to understand its technical aspects, recognizing that a strong technical foundation is crucial to execute creative ideas. Moving forward, I yearned for a more immersive way to express my creativity through cinematography, leading me to delve into filmmaking during my Bachelor's in Film and Television New Media Production.

I draw my inspiration and creativity from painting. I've noticed interesting connections between painting and cinematography. Just as a painter uses a canvas, paints, brushes, and tools to craft an image, I use real locations as my canvas, lights as my palette, various camera lenses, and movements to capture moving images. The works of renowned painters such as Rembrandt, Johannes Vermeer, Leonardo Da Vinci, Vincent Van Gogh, and others have deeply inspired me, guiding my understanding of elements like lighting, colors, blocking, and angles.

Filmmaking is a mix of creativity and technical work. It takes a lot of preparation and planning even for a short 60-second advertisement. This includes writing the script, casting actors, checking locations, setting up lighting, capturing the scenes, editing the footage, and adding sound.

As a Director of Photography (DP), I'm involved in all three stages of production:

- 1. Pre-Production Stage: This is where we write the script, plan how to shoot each scene, and visit locations to make sure they work for the film.
- 2. Production Stage: During this phase, I'm responsible for lighting the set or location and capturing the scenes with the camera.
- 3. Post-Production Stage: After filming, I help with color correction, which means adjusting the colors in the footage to create the desired mood or tone for the film. This is an important part of the DP's job as it influences how the audience perceives the film.

Achieving best cinematography award for a short film in the first year was a defining moment. Later, as a cinematographer for the documentary "Across," my work reached a broader audience through a television broadcast. Upon completing my degree in 2018, I embarked on various projects as a cinematographer, including music videos, short films, corporate videos, TV commercials, political campaigns, and shooting for Indian Premier League enriched my experiences further.

Being a cinematographer fills me with privilege and responsibility, as I shape how the world perceives cinema. For me, filmmaking is not solely about financial success; it's about being part of films that make a meaningful impact. As I continue on this journey, my ultimate goal remains to create films that leave a lasting impression, evoking emotions and inspiring change.

#### MADHAV NANDIVDEKAR GGHS Alumni (Batch 2013)







Success often reconfirms what you know, but failure forces you to grow. - H. H. S. B. Keshava Swami Maharaj

#### **CREATIVE CHRONICLES**

## **LITERARY EXPRESSIONS (STORIES & POEMS)**

**Triangie and Squarie** 



Once upon a time in our vast vast universe was a planet named COLDIE. There lived all beautiful shapes on Coldie. All of the triangles, squares, circles, hexagons, pentagons, and many many more shapes of all colors and of all varieties. Coldie was a very cold planet; chilly winds with very high speed [just like tornado] blew all over Coldie. All the shapes lived in beautiful artistic houses. But alas! Triangie and Squarie did not have a house of their own to stay. Triangie was a one beautiful triangle shape with yellow color and Squarie was one lovely square shape with blue color. They both were searching for raw-materials to build a house for them to stay.

They ran helter-skelter; here and there; all over the place. Alas! They couldn't find any raw- material. They both were getting very cold. So Triangie thought, and thought and thought about what can be done to come out of this situation and lo and behold! A wonderful idea struck him. He told Squarie about it to which Squarie happily agreed. You know what they did? Squarie and Triangie joined forces together. Squarie stuck itself to Triangie and they themselves made a beautiful home, and lived happily ever after.

Moral of the story is every problem always has a solution. We can overcome the difficult phase focusing on solutions instead of problems.

JIMIT MEHTA Class 2B



In life, weakness is acceptable, but cheating is outlawed. - H. H. S. B. Keshava Swami Maharaj

### One Day in Topsy-Turvy Island

Once upon a time a sailor named Govind started his journey to find a treasure.... While he was travelling, a tornado blew his boat away. Govind thought that it was the end of his life but he somehow survived. His boat floating on the water reached a remote island. When Govind regained unconscious, he tried to recollect where he was and what had happened to him. He saw a board with something written upside down. He tried to read what was written. The board read, 'Welcome to Topsy-turvy land'. Govind didn't know whether to be shocked or surprised. Govind slowly walked ahead and was amazed to see people walking on their heads, trees upside down. Suddenly he happened to see some odd looking people and a dragon were advancing towards him. He screamed in terror. Alas! He woke up in bed sweating profusely and breathing heavily. It was a dream but he had just lived the terror and felt all of it so real. He decided to laugh it off as such a land never existed.









## **Happiness**

Happiness is in our hearts and what we make of it Happiness is in our hands, it is a precious gift

On the face it is seen And everyone is keen

Sparkling eyes and a beaming smile Having fun with friends for a while

It's a warm glow inside Happiness is in our mind

Happiness is the sky at dawn Happiness is a baby new born

A gushing waterfall A sweet cuckoo's call



Happiness is an ice-cream cone with lots and lots of chocolate Happiness is helping those whom we seem to hate

Caring words, a gentle touch, a warm hug, a mother's kiss Happiness is bliss

Only beauty abounds No discordant sounds

Happiness is doing selfless deeds Happiness is sowing humanity's seeds

Just be kind and wise Happiness is there in front of our eyes



NISHTHA JOSHI Class 9



In this world, all pleasures are sources of pain.
- H. H. Radhanath Swami Maharaj

### **Evolving Echoes**

Out from the shell, that was my protective wall,
Into the world where I know no one at all
The cool breeze and the sunshine only I know,
Ready for life for which, now, seed I sow
Every bit of green leaf and soothing night stars,
I grow a lil bit more protecting myself from a scar
As hunger reaches its epitome and climax,
More food, more active, weird I grow

Something inside me calls for a pause and rest,

The urges within me prepare me for the unknown test

The trigger inside drives to get wrapped in a trap,

That I created on my own to get a nap

As I lay in that tight wrap, slowly dissolving,

Wind outside whispers to encourage my evolving

My old identity sheds and rebuilds the new,

Those who know it are wind and only a few

I suffocate and shatter inside but still tolerate,

Console that, once out, I'll have a story to narrate

One day the wind knocks my cocoon and whispers,

"Hey you, sweetheart, let go, reach out, time to disperse"

The inner instinct again prepares me for another pain,

Out from the wrap, into the wild, first breath gain

Coming out does hurt, so does letting go

Spreading the wings, Taking breath

And flight with the wind,

A dear most friend...not a foe





The real inspiration is in giving. - H. H. Kadamba Kanana Swami Maharaj





## शारदे माँ

माँ तेरे वीणा की तान, कितनी मधुर है तेरी गान| सुने मन में तार बजाएँ, सुर संगम मन में लहराएँ|

तेरी दया से माँ शारदे, मूर्ख - काली बने विद्वान| तेरी ही कृपा से माता, सब कुछ पाए हर इंसान|

तेरी दया दृष्टि से माता, रत्ना डाकू बने महान| क्षण में ही लिख डाले, रामायण, वेद, महापुराण|

जितने साधु संत थे माता, तेरी ही करते थे बखान| तेरी ही कृपा से माता, मूर्ख बन जाए महा विद्वान|

जिस जिह्वा पर रहती माता, सदा करें उसका कल्याण| तेरी सेवा करूं मैं माता, रख लेना तू मेरा मान||

SUMOHAN CHOUDHARY Class 10







## पुरूषोत्तम मास महिमा

इस मास के कई है नाम, मलमास कहो या अधिक मास... तीन साल में यह एक बार है आता, श्रावन में आकर भक्तों को पावन बनाता... मनुष्यों ने इसे नहीं स्वीकारा, देवताओं ने भी इसे धृतकारा... जभी भगवान ने इसे अपनाया, तब जाकर पुरुषोतम मास कहलाया... कार्तिक मास से भी अधिक धर्मधारी, यह हजार गुना ज्यादा है पुण्यदायी... भक्तों के मन को भक्ति से भर जाता, भक्तों के प्रेम से प्रभू को भी आनंद आता... गीता का पुरूषोत्तम योग पढे जितना, भक्तों को पुण्य फल मिले अधिक उतना... इस मास में पापी करे पाप जितना, उसे यमराज के पास रोना पडेगा उतना....

- परमार्थ द्वारा लिखित





### राम और श्याम

वही है श्री सीता-राम, और वही है श्री राधे-श्याम... एक ही है रुप दोनों के, फिर भी दो अलग अलग नाम... राम के धनुष बाण, और श्याम के बांसुरी नाद... राम के बाणों की तेज धार. करें पापियों के शरीर को घायल... श्याम की बांस्री के ब्रह्मनाद, करें भक्तों के मन को पागल... बाणों से मिलती है मक्ति. बांसुरी से मिलती है भक्ति... वही राम है अयोध्या धाम, वही श्याम है वृन्दावन धाम... 'दिपा' के लिए दोनों एक समान, एक श्री हरी और एक हरी नाम...





- दिपाली कृष्णार्थी द्वारा लिखित (Parent of Arth Parmar)



Be in the world, yet not of the world, but for the world.
- Bhagvad Gita

## કાન્હા તારી પ્રીતિ લાગી

સ્પર્શ તને કરું, ને યંદન હું થઈ જાઉં લાડ તને લડાવું, ને યશોદા હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

માખણ તને ધરાવી, ને ગોપી હું થઈ જાઉં મુફ્ઠી ભર તાંદુલ ધરી ,ને સુદામા હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

સ્પર્શ કરી તારાં યરણો, ને યમુના હું થઈ જાઉં કોમળ અધરો સ્પર્શી તારા, વેણુ હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

ધારણ કરે તું કંઠ માળા, ને મોતી હું થઈ જાઉં ધારણ કરે તું માથે મુગટ, ને મોરપંખ હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

પેહરે તું પીતાંબર, ને કંદોરો હું થઇ જાઉં પેહરે તું નૂપુર, ને ધુધરી હું થઇ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...



ગોવાળીયો બને તું, ને ગાય હું થઇ જાઉં પગલાં પાડે જ્યાં તું, ત્યાં રમણ રેત હું થઇ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

આરોગે તું સામગ્રી, ને તુલસી હું થઈ જાઉં તારાં પ્રેમ ડોર થી બંધાઈ, ને રાધા હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી...

નથણી એ તોલાય તું, ને બોડાણો હું થઈ જાઉં હૂંડી સ્વીકારે મારી તું, ને નરસૈયો હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

જીવન રથ હાંકે તું, ને અર્જુન હું થઈ જાઉં તારી સેવાનો લ્હાવો લઈ, ને વૈષ્ણવ હું થઈ જાઉં ઓ કાન્હા કેવી પ્રીતિ લાગી તારી ...

GRISHMA GANDHI Math & Science Teacher Secondary Section





When you have a higher purpose in life, small things can't distract you.

## ARTISTRY UNBOUND SHOWCASING THE CREATIVE SIDE

We have an abundance of potential exhibits but in this edition, we've chosen to feature a select few of these remarkable talents.

1. Knitting as a hobby enables me to express my artistic side. I find it relaxing and calming too. It provides a sense of accomplishment. completion, I can see tangible results and feel a sense of pride in handiwork. Whether it's gifting a knitted item to a loved one or wearing it satisfaction themselves. the of creating something beautiful and functional is truly rewarding. It combines creativity, relaxation, social interaction. accomplishment, sustainability. I find joy and fulfilment in the art of knitting.





#### AYUSHI MAKWANA

Preschool teacher

2. Creativity comes from within a person, and is driven by passion. I maintain my creative element by observing keenly, and through this ideas come flowing in my mind, which I can then put them into reality. The passion for creativity makes me feel whole, giving me a chance to think wide to create something to share and enjoy.





BINA SONI Preschool Teacher



As your material attachments dwindle. Krishna will take over your heart.

- H. H. Tamal Krishna Goswami Maharaj

3. When you embark on creating a dish, it's almost like stepping into an adventure filled with mini surprises. Many a times, a dish may not turn out exactly as planned, but there's always a clever work around to set things right. The flavours of your dish, might deviate from its original taste, but you might discover a whole new variation of the same dish! Being in the kitchen, helps me to push my boundaries and explore my potential. The process of cooking acts as an outlet for me to express myself, and has also taught me a couple of lessons in the past few years. I've learned that, making mistakes is a part of the process to perfection. I've also learned the virtues of patience and persistence that are key to the completion of any task. Every culinary endeavour helps me to explore my creativity, by giving me a chance to experiment with diverse ingredients, vibrant colours and decorative touches to make my dishes visually captivating.

#### GANDHARVIKA SHANBAG

Pre-Primary Teacher

4. Mehndi or Henna art as a hobby has enabled me to explore my creativity through varied intricate designs. Furthermore, it has provided a canvas for self-expression and

a source of contentment.





KUNJAN SOSA Primary Teacher



Everything that is attractive resides in Krishna in unlimited quantity and perfection.

5. नवीनीकरण - जब हम अपनी रुचि का काम करते हैं तो एक आत्मीय सुख और खुशी का एहसास होता है। अतः व्यक्ति को अपनी सहूलियत और समयानुसार उन चीजों को करते रहना चाहिए। इसी प्रकार मुझे भी अध्ययन - अध्यापन के अतिरिक्त िसलाई करने का काम भी अत्यंत पसंद है, लेकिन िसलाई में साधारण तरीके के काम नहीं बल्कि फटे - पुराने, इस्तेमाल िकए हुए कपड़ों से पुरानी वस्तुओं को नया रूप देना मुझे अच्छा लगता है। अतः जब भी कभी मुझे समय मिलता है तो मैं उस मूल्यवान समय को नवीनीकरण में लगाती हूं। इसके लिए पुराने रंगीन आकर्षक कपड़े, ब्लाउज - पीस, शर्ट, टीशर्ट, साड़ी, दुपट्टे, कपड़े के कतरन का प्रयोग कर बैग, पाउच, स्कर्ट, फ्रिज - कवर, वाशिंग मशीन कवर, बैठने की छोटी कालीन, प्लाजो ,सलवार, कुर्ती, गद्दे का कवर, चारपाई कवर इत्यादि बनाती हूं। इन सब को करने का मुख्य कारण इस काम के प्रति मेरा लगाव और कुछ पसंदीदा कपड़ों को याद के रूप में संजोकर रखना। इन तरीकों को अपनाकर पुरानी चीजों को सदैव अपने पास रखा जा सकता है, साथ ही स्वतः से बनाई चीजों का प्रयोगकर मन को जो खुशी मिलती है उसकी बात ही निराली होती है।

MALA SINGH Hindi Teacher









The whole world is void without Krishna.
- H. H. Lokanath Swami Maharaj

GARDEN BUZZ EDITION 1 - 2023-24

6. Stepping into the world of graphics led me to explore my creative side. It was a passion that gave me opportunities to blend imagination with skill and transform concepts into visuals. Exploring the artistic and creative potential within me has become possible through the numerous banners, posters and invitations that I have designed. There is never a shortage of new ideas when it comes to designing which is a reminder that creativity is limitless and a factor that adds contentment to what I do.



#### YASH DALVI Computer Teacher

Gopal's Garden High School wishes you all a

Happy 77th

Independence Day

"स्त्रीरत्नम"

"Let's come together and dedicate

this independence day to all women, who paved the way and the ones who continue the journey.











Janmashtami Celebration



7. Kathak means "Katha Kahe so Kathak". The origin of Kathak is from Uttar Pradesh North India. It is one of the eighth classical dance forms of India.

We, the students of Gopal's Garden High School from Class 3B, (Keisha Nandu, Soumya Singh, Jayanti Sharma, Lakshita Chehara) are learning Kathak since one year and have cleared the 'Akhil Bhartiya Gandharv Pravishika Prathama Exam' in April '23 with distinction in the first attempt.

Kathak as an art form has helped us to express ourselves creatively, to connect with others and to create our own identity.



8. Art is sheer fun and enjoyment. But it also provides a platform to voice our feelings, thoughts and identities. My hobbies have kept my creativity alive. It is relaxing and also helps me connect to the divine.









PRACHI MITHILESH OZA
Parent of Om Oza (Nursery)



Krishna consciousness teaches the art and science of living as well as dying. - H. H. Lokanath Swami maharaj

9. Photography allows you to explore creativity through the lens of the camera. The photographer weaves visual tales transforming everyday scenes into captivating works of art and invites us all to pause, observe and appreciate the beauty of the moment captured through the photos. Showcasing the work of our budding photographers Harshit Chedda (Class 6), Neerja Mathias (Class 8) and Vilma Mathias (parent of Neerja Mathias)







Click by HARSHIT CHEDDA Class 6



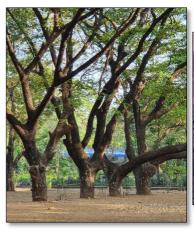






Click by NEERJA MATHIAS Class 8





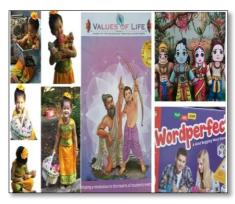


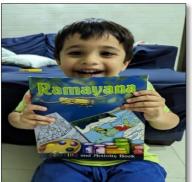






10.Krishna Kids, a visionary initiative, has been set up by Dr. Priya Ghatwai – parent of Parth Paliwal (Nursery). The goal is to nurture and empower children, shaping them into inspired and morally grounded generation. This venture strives to unlock the potential within each child through devotional, cultural and value-based toys, games, books and activities.







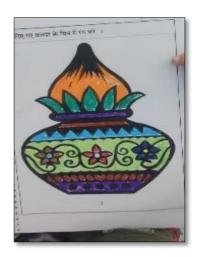
DR. PRIYA GHATWAI

– Parent of Parth Paliwal (Nursery)



Material life exploits us and spiritual life nourishes us. - H. H. Lokanath Swami Maharaj

#### ART WORK (PAINTINGS/ SKETCHES/ PORTRAITS)



MANAN PATEL Sr.Kg



RACHIT PATEL Class 2 B



VEDHA GADKAR Class 5A



SREEJA WADHAVANA Class 9



DHRUVI DESAI Class 9



KAVAL BRAMANIA Class 10



VANSHIKA SURATHI Class 10



KRISHANGI SINGH Class 10



PRATIK MALI Class 6



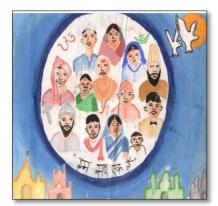
PRATIKSHA MALI Class 6



YASH THAKKAR Class 10



JANVI DESAI Class 6



SAPNA BAJANIYA Parent of Prihaan Bajaniya Sr.Kg

## **ART GALORE**

**Mehndi Art** - <a href="https://drive.google.com/file/d/1TLm4EimrYJ5zoZKgsiPPxA-uG-4bHIb-/view?usp=sharing">https://drive.google.com/file/d/1TLm4EimrYJ5zoZKgsiPPxA-uG-4bHIb-/view?usp=sharing</a>







 $\begin{tabular}{ll} \textbf{Nail Art -} & \underline{\text{https://drive.google.com/file/d/10GcYqIo0wBusIx\_6gUD31DoSkTJ1-MHe/view?usp=sharing} \\ \end{tabular}$ 





**Key Chain Making Art** - <a href="https://drive.google.com/file/d/17pguIb9KfwkLl3xDja9v2oCUxpt-ToTm/view?usp=sharing">https://drive.google.com/file/d/17pguIb9KfwkLl3xDja9v2oCUxpt-ToTm/view?usp=sharing</a>



Rangoli Making Art -

https://drive.google.com/file/d/1\_eGgoVS79VDwjU0l0eHS8V7z6cQt\_vDk/view?usp=sharing





"Creativity is seeing what others see and thinking what no one else ever thought." - Albert Einstein

## **PRESCHOOL ACTIVITIES**

Our preschool believes in providing a holistic learning approach to the young learners. We ensure that our curriculum is designed to foster creativity combined with curiosity and skill development. We offer a dynamic range of activities from engaging cooking sessions to honing motor skills, celebrating diverse festivals and creating personalized portfolios. All these activities stimulate growth and love for learning.

### **COOKING SESSIONS**

Cooking with children in school promotes the lifetime skills of healthy cooking starting at a young age. At school, children learn to do multiple activities like mixing, stirring, spreading, pouring, mashing, kneading, etc. This develops a liking to eat what they prepare. In school we embrace cooking to help kids understand various tastes, promote healthier food, and take a break from academics too.







## **CELEBRATING FESTIVALS**

Each year, our tiny tots of Gopal's Garden High School celebrate the festivals of Jhulan Yatra and Raksha Bandhan, which occur in the months of August/September. On this day, all the children come to school dressed in their traditional attires, all decked up and ready for the festivities. The day is divided into two parts, the former being Jhulan Yatra celebrations and the latter Raksha Bandhan.

Srimati Radharani and Lord Krishna in the monsoon month of Shravan maas, happily enjoy on a beautiful swing, decorated by the gopis of Vrindavan, for the pleasure of their Lordships. In commemoration of this joyous occasion, we at school, celebrate the 'Jhulan Yatra' festival, wherein each child has the opportunity to swing the Lordships on a beautifully adorned swing, while singing bhajans for their pleasure.

Following this beautiful event, we then proceed to celebrate 'Raksha Bandhan' festivities, towards the later part of the day. We begin by telling the children about the significance of the festival, following which the children tie Rakhis to each other, thereby attempting at teaching them to imbibe a caring and nurturing approach towards their peers and classmates.









## HONING MOTOR SKILLS

We create a difference by integrating activities through fun and play way method. These activities help in developing physical fitness, where students gear up to learn diverse activities which stand them in good stead for the future. Mastering these are important for children's growth and independence. The benefits of motor skills development are:

It Boosts Independence and Self-Esteem
Hand-eye coordination
Brain Development
Speech and Language
Self-care.



## PREPARING PORTFOLIOS

We endeavour to build confidence in our young learners about their abilities and potential. Every two months, children are given specified topics based on the themes that they have learned during the class to make their own portfolios. The aim is to give them hands on experience, give them in-depth knowledge about the various learning topics and encourage creative thinking. They contribute in making the portfolio by drawing, colouring, painting and sticking thus adding meaning and colour to it. Children also learn the systematic process of making portfolios which will be helpful in making various projects in the higher grades.







Compiled by
AAYUSHI MAKWANA, GANDHARVIKA SHANBAG AND BINAL SHAH
Preschool Teachers



The more we try to control the things not in our control, the more our thoughts go out of control. - Bhagvad-Gita

## MAINSCHOOL ACTIVITIES

## यशोत्सव

नाभिषेको न संस्कारः सिंहस्य क्रियते वने। विक्रमार्जितसत्वस्य स्वयमेव मृगेन्द्रता॥

जिस प्रकार शेर को जंगल का राजा नियुक्त करने के लिए कोई अभिषेक या संस्कार नहीं किया जाता है। वह स्वयं अपने गुण और पराक्रम से उस पद को प्राप्त करता है , ठीक उसी प्रकार सच्ची लगन , तपस्या से अर्जित की गई यश प्राप्ति के लिए हृदय की गहराइयों से यशोगान होता है।



"गोपल्स गार्डन विद्यालय" के प्रांगण में १७ जून २०२३, शुक्रवार के दिन शैक्षणिक सत्र २०२२ २०२३ - दसवीं के विद्यार्थियों द्वारा प्राप्त सफलता के उपलक्ष्य में 'यशोत्सव' कार्यक्रम का आयोजन किया गया। श्रीमती .संजीवनी मैम के मार्गदर्शन में कार्यक्रम का शुभारंभ दीप प्रज्वलन के माध्यम से आदरणीय श्री .राधा गोपीनाथ प्रभुजी ,श्री .सत्यानंद प्रभुजी ,निर्देशक महोदय , प्रधानाचार्या जी की उपस्थिति में हुआ । तत्पश्चात निर्देशक महोदय 'श्री .राज सर' ने विद्यार्थियों व पालकों को संबोधित करते हुए उन्हें बधाइयाँ और उज्जवल भविष्य की शुभकामनाएँ दी । प्रधानाचार्या जी ने अपने उत्साही वचनों से विद्यार्थियों का मनोबल बढ़ाया । कार्यक्रम में मीठी यादों की मिठास घोलने हेतु विद्यार्थियों के खट्टे -मीठे यादों की वीडियो दिखाकर उनके चेहरे पर मुस्कान बिखेरी गई । कुछ शिक्षिकाओं ने भी मनोत्साही वक्तव्य देकर विद्यार्थियों के उज्जवल भविष्य की कामना प्रस्तुत की । आदरणीय श्री.राधा गोपीनाथ प्रभुजी, श्री .सत्यानंद प्रभुजी के अनमोल वचनों से विद्यार्थियों को अपने जीवन के प्रगति पथ पर आगे बढ़ने की प्रेरणा मिली । साथ ही विशेष अभिभावक ' मिहिका की माताजी ' तथा

' सनाया दास के पिताजी ' ने विद्यालय के प्रति अपने विचार साँझा किए। तत्पश्चात चुनिंदा विद्यार्थी गौरांग रामटेके, सनाया दास, आर. सहाना तथा गार्गी नानीवडेकर को पुरस्कार तथा प्रमाण पत्र देकर उनका सम्मान किया गया। अंत में उप.प्रधानाचार्य जी ने अपनी मीठी वाणी से सभी का आभार प्रदर्शित करते हुए कार्यक्रम का समापन किया।

संघर्ष है तो , रास्ता भी है। रास्ता है तो , सफलता भी है। सफलता है , तो गुणगान भी है। हर वर्ष है ,हर बार है - हर बार है।। सधन्यवाद..।



MALA SINGH Hindi Teacher

## **INVESTITURE CEREMONY**

Leadership is the capacity to translate vision into reality. —Warren Bennis
The 'Investiture Ceremony' of Gopal's Garden High School held on 19th April'2023
in the school hall was a momentous event marking a significant milestone in the academic calendar. The event began with the school prayer and was followed by the pledge. 'Saraswati Puja' was conducted by our Chief Guest and spiritual mentor HG Satyanand Prabhuji who delivered a motivational address thereafter. Next, it was time

for taking 'Sankalp' – a firm resolution with a specific goal. Sankalps were taken by three students each from the Pre- Primary, Primary and Secondary section under the following heads: Academic, Behaviour and Social. The ceremony was held with lots of

zeal and zest.

The elected leaders' profiles were read out to the audience. They were conferred with badges and sashes by our honorable Chief Guest HG Satyanand Prabhu. The students' council took the pledge to hold the school motto of 'Live, Learn and Lead' in high esteem while upholding the values.

The session concluded with a vote of thanks.

**KUNJAN SOSA** 

Primary Teacher

## INTRA SCHOOL ART AND CRAFT COMPETITION - Kargajam Pratibha

"ART ENABLES US TO FIND AND LOVE OURSELVES AT THE SAME TIME"

The aforementioned quote rightly says that, art not only highlights our creative bent of mind but also expresses our inner feelings and desires. It is also a great way of discovering one's passions and also gives an opportunity to find a new way to love ourselves. Our school rightly believes in this and therefore never fails to provide an opportunity to encourage the talented Gopalites in pursuing their passion related to art and craft.

Creating crafts or projects encourage children to practice their fine motor skills, eye hand coordination, stability and finger strengthening.

Gopal's Garden High School conducted 'Kargajam Pratibha' for classes 1 (Bhandiravan) to 10 (Vrindavan) on Wednesday, 26th April, 2023 which included different activities such as paper crumpling, paper collage, paper quilling, origami art etc. The objective of this activity was to enhance their creativity by showing ingenuity from paper.

It was a day where we saw creativity exploding in every piece of art. It was a wonderful opportunity to think out of the box. The competition not only served its sole purpose but also provided a platform to our students to display vivid and creative ideas.

JENNIE PARMAR

Primary Teacher

## **INTERNATIONAL YOGA DAY**

The word 'YOGA' means to join or to unite, symbolizing the union of body and consciousness. International yoga day is the way to celebrate the practice of yoga and promote a healthy life style. It is a day dedicated to promote global harmony, peace and spread awareness in students about the benefits of yoga.

The International Yoga day was celebrated by the students and the teachers of Gopal's Garden High School on 21st June' 2023 with great enthusiasm. On this day, various activities were conducted to promote the practice of yoga like yoga song, asana drills, rhythmic yoga and yoga dance. Miss Sreelatha Somavajjala, a member of Indian Yoga Association, graced the occasion as the chief guest for the event. She informed the students about the benefits of yoga in day to day life. All the students performed 'suryanamaskar' (sun salutation) and various asanas under the guidance of the sports and yoga teacher. A session for teachers and non-teaching staff was also conducted after the school hours.

Some of the students also visited the Sanjay Gandhi National Park for 'Yog Prabhat Pheri' (Morning Yoga Session). Performing various asanas in the green natural environment along with teachers and ex-students was a blissful and refreshing experience. A session for meditation and mindfulness was also conducted by the yoga trainer.

Thus, this yoga day celebration was successful in kindling the interest of our students and staff in this ancient art form.

PREETI VORA

Math and Science Teacher

## **RATH YATRA CELEBRATIONS**



Jagannath Rath Yatra is an annual festival of chariots which is celebrated at Puri dham in Orissa. This festival commemorates the visit of Lord Jagannath along with his siblings Balaram and Subhadra to the Gundicha temple, where they stay for nine days before returning.

The spiritual significance of this festival is the welcoming of the Lord Almighty into our hearts for which cleansing of our heart of all the vices is of utmost importance.

As an essential part of our culture, the preschool and main school students celebrated Jagannath Rath Yatra on 22nd and 24th June 2023 respectively.

Our ex-student, Nikhil Singh along with his family was the chief guest for the preschool while the senior devotees - HG Radhakrishna Prabhuji and HG Pallika Mataji were the chief guests for the main school celebration. Representatives of the PTA and alumni association also were a part of the festival.

Our tiny gopalites had a wonderful time offering dry bhogas to Their Lordships, pulling the Rath, dancing to the melodious kirtan and enjoying the tasty prasad.

The main-school festival began with the melodious singing of 'Jagannath Ashtakam' followed by a dance and drama presentation by the students. While the Bhoga was being offered, the chief guest enthralled the students with interesting stories depicting the mercy of Lord Jagannath, which was followed by the Aarti of Their Lordships.

The enthusiasm of the students reached its crescendo when every student got a chance to pull the Rath and later Their Lordships Jagannathji, Baldevji and Subhadra Maiya showered Their blessings on everyone by visiting all the classrooms in the school.

The festival culminated with gratitude and devotion for the Lord along with sumptuous Prasad for all.

### SANGEETA RAJANI

Primary Teacher

## **INTRA SCHOOL SINGING COMPETITION: VOICE OF GOPALITES**

Intra-school singing competition was held in the school on Saturday, 29 July' 2023 for the secondary section and on Monday, 31 July' 2023 for the primary section. This highly anticipated event showcased the remarkable musical talents of our students fostering a spirit of healthy competition and camaraderie. The competition provided a platform for students to showcase their vocal abilities, express their emotions through music, and entertain their peers and teachers.

The singing competition witnessed enthusiastic participation from students across all grade levels. There was an impressive display of musical diversity, ranging from fusion songs, traditional folk tunes, prayers, patriotism, and songs about emotions, rains, festivals and even some original compositions.

The esteemed judge, Mrs. Pallavi Dilip Nerkar evaluated the performances based on vocal quality, pitch, stage presence and overall presentation ensuring a fair and well-balanced evaluation of each participant.

The competition featured a wealth of talented contestants, each delivering memorable performances that captivated the audience. Many students exhibited remarkable vocal skills, leaving the judge with the challenging task of selecting the best performers.

The audience was actively involved throughout the event, cheering on their favourite contestants with enthusiasm. The supportive atmosphere added to the students' confidence, making it an encouraging environment for all participants.

The competition incorporated both solo and group performances, allowing students to demonstrate their abilities in different musical settings. Solo performances showcased individual talents and personal expressions while group performances highlighted teamwork and harmonization.

Several performances evoked strong emotional responses from the audience, demonstrating the power of music to connect and touch hearts. The event served as a reminder of the positive impact of music in fostering empathy and understanding among students.

The event was a testament to the school's commitment to nurturing well-rounded individuals and creating a supportive environment for students to explore their passions.

MAMTA GIRI Primary Teacher

## INDEPENDENCE DAY CELEBRATION

१५ ऑगस्ट २०२३ रोजी भारतीय स्वातंत्र्य दिनाच्या 77 व्या वर्धापन दिनाचा सोहळा गोपालस् गार्डन हायस्कूल मध्ये आनंदाने आणि उत्साहाने साजरा झाला स्त्री' .रत्नम् 'म्हणजेच महिला' सबलीकरण 'हे या कार्यक्रमाचे मुख्य सूत्र होते .कार्यक्रमाच्या प्रमुख पाहुण्या म्हणून, उत्तर मुंबई विभागाच्या गुन्हे अन्वेषण सहायक पोलिस उपायुक्ता श्रीमती सविता भीमराव कदम व कॉन्स्टेबल श्रीमती तुलसी विजय जाधव उपस्थित होत्या . सोहळ्याची सुरुवात ध्वजारोहणाने व झंडा' ऊँचा रहे हमारा 'या गीताने राष्ट्रध्वजाची मानवंदना करून झाली . त्यानंतर माध्यमिक विभागातील विद्यार्थ्यांनी सियाचेल येथे भारतीय सीमेचे रक्षण करणाऱ्या सैनिकांच्या त्यागाचे व वीरतेचे द्योतक म्हणून भारत' माँ की संताने हम 'हे स्फूर्तीगीत सादर केले .त्यानंतर विद्यार्थिनींनी भारतात स्त्री शिक्षणाचे बीज रोवणाऱ्या श्रीमती सावित्रीबाई फुले यांच्या जीवनावर गीत व नृत्यमय लघुनाटिका सादर केली .त्यानंतर मुलांनी भारतातील वेगवेगळ्या क्षेत्रात सर्वप्रथम सन्मान मिळविणाऱ्या भारतीय स्त्रियांची माहिती दिली .

प्रमुख पाहुण्यांनी आपल्या उद्बोधक भाषणात सोशल' मिडियावर असताना कोणती सावधिगरी बाळगायला हवी 'यावर मार्गदर्शन केले .प्रमुख पाहुण्यांच्या आभार प्रदर्शनाने व प्रसाद वितरणाने कार्यक्रमाची सांगता झाली.

RADHA GODSE Primary Teacher

## विश्वस्य हितं संस्कृते निहितम्।



गेहे गेहे संस्कृतभाषा भवतात् पुनरिप वाणी। राष्ट्रकुलानां धर्मधराणां ज्ञानवतां कल्याणी॥

संस्कृतभाषा विश्वस्य सर्वासु भाषासु प्राचीनतमा सर्वोत्तमसाहित्यसंयुक्ता चास्ति। संस्कृतभाषायाः उपयोगिता एतस्मात् कारणाद् वर्तते यद् एषैव सा भाषाऽस्ति यतः सर्वासा भारतीयानाम् आर्यभाषाणाम् उत्पत्तिर्बभूव। सर्वासामेतासां भाषाणाम् इयं जननी।

एतस्य दिनस्य चयनं अतः कृतवन्तः प्राचीने भारते शिक्षण सत्रस्य आरम्भः भवति स्म। एतिस्मिन् दिने वेदपाठस्य आरम्भः भवति स्म तथैव छात्राः शास्त्रस्य अध्ययनं प्रारम्भं कुर्वन्ति स्म। एतिस्मिन् दिने जनाः पुरातनं यज्ञोपवीतं परिवर्तयन्ति। ब्राह्मणानां यजमानाः रक्षासूत्रं बन्धन्ति।

अगस्तमासस्य नवविंशतिदिनाङ्के गोपाल्स गार्डन विद्यालये प्रथमकक्षात :दशमीकक्षापर्यन्तं छात्रा : संस्कृतदिनसमारोहे सहभागिन: अभवन्। जागृति,शामा ,हार्दी नमस्वि च सूत्रसञ्चालनेन कार्यक्रमस्य आरम्भ : कृतवत्यः। कार्यक्रमस्य आरम्भे अष्टमकक्षायाः छात्राः स्वागतगीतेन सुन्दरं नृत्यं प्रस्तुतवन्तः। तदनन्तरं पञ्चमवर्गस्य बालकैः संस्कृतभाषायां प्रार्थनागीतं प्रस्तुतम् । सुभाषितश्लोकं विना संस्कृतदिवसः कथं भवति? अतः प्रथमश्रेणीयाः बालकाः सुभाषितानि बहु सुन्दरं गायन्ति स्म ,तस्य हिन्दीभाषायां अनुवादं अपि कृत्वा सुभाषितश्लोकस्य अर्थं प्रेक्षकाणां समक्षं कथितवन्तः। षष्ठ द्वितीय च कक्षायाः छात्राः 'कृष्ण कृष्ण आम् अम्ब' इति नृत्येन प्रेक्षकान् मंत्रमुग्धं कृतवन्तः। दशम-षष्ठ-कक्षायाः छात्राणां संस्कृतभाषायाः एकाक्षर-श्लोकानां परिचयः अभवत् । तदनन्तरम् तृतीयकक्षायाः छात्राः संस्कृतभाषायां भाषणं प्रस्तुतवन्तः ,संस्कृतस्य दैनन्दिनजीवने कथं प्रयोक्तुं शक्यते इति दर्शितवन्तः च । द्वितीयकक्षायाः छात्राः नृत्यद्वारा 'आम्लं द्राक्षाफलम्' इति कथां प्रस्तुत्य सर्वेषां ध्यानं आकर्षितवन्तः। अष्टम-नव-दश-कक्षायाः छात्रैः 'सौहार्दं प्रकृते शोभा' नाटकं प्रस्तुतम् । अस्मिन् डिजिटल युगे दशवीं कक्षायाः छात्राः 'डिजिटल भारत' इत्यस्य विषये सुन्दरं नृत्यं गीतं च प्रस्तुतवन्तः।

सप्टेम्बरमासे द्वितियदिनाङ्के पूर्वप्राथिमकविभागः संस्कृतदिनं आचरत्। आचार्या सुभाषितश्लोकद्वारा संस्कृतभाषायाः प्रशंसां कृत्वा कार्यक्रमस्य आरम्भं कृतवान्। कस्यापि भाषायाः संभाषणस्य आरम्भः परिचयेन एव भवित | अतः नर्सरी-छात्राः संस्कृतभाषायां स्वपरिचयं दत्तवन्तः। Jr.kg. छात्राः प्रहेलिका प्रस्तुतवन्तः। Sr.kg. इत्यस्य छात्राः संख्यागीते एका नाटिका कृतवान् यत् अतिथिनाम् स्वागतं कथं कर्तव्यम् इति अपि शिक्षयित। तथा च Sr.kg. छात्राः 'बोधवचनानि' अपि पठितवन्तः।

URVI VARU Sanskrit Teacher

## JANMASHTAMI CELEBRATIONS

## भजे व्रजैकमण्डनं समस्तपापखण्डनं स्वभक्तचित्तरञ्जनं सदैव नन्दनन्दनम्। सुपिच्छगुच्छमस्तकं सुनादवेणुहस्तकं अनङ्गरङ्गसागरं नमामि कृष्णनागरम्॥१॥

Translation:

I worship the naughty Krishna, who is the joy of Nanda. The only ornament of Vraja, who destroys all the sins (of his devotees), who satisfies the desires of his devotees. Who wears a peacock feather on his head, who plays a flute with a sweet sound, and who is the ocean of the art of love.

Janmashtami is celebrated as the appearance day of Lord Krishna. Unlike all of us, the birth of the Lord is complete in divinity. The purpose of His appearance is to protect the pious, destroy the wicked and establish righteousness in the world. He also appears to please His devotees by His loving exchanges through His sweet pastimes. The Janmashtami celebration on 1st September 2023 at Gopal's Garden High School themed 'Shyam – VANVARI' highlighted His sweet loving exchanges in the Vrajbhumi Dham.

It was an occasion which brought out devotion, creativity, enjoyment, entertainment and fun in everyone. The celebration began with a brief introduction by the hosts Swara and Divyanshi, students of Kamyavan (class 7) followed by Abhishek ceremony. The divine bathing of the deities of Radha and Krishna with Panchamrut was followed

by fruit juices too. Our Chief Guest H. G. Anusuya Mataji, school dignitaries, students of secondary classes, parents, ex-students, teachers, admin staff and housekeeping staff participated in the abhishek ceremony.

The performances began with the 'Purushsukta recitation' by primary students filling the environment with devotion and sanctity. The next performance was 'Vraj Geet' (Jugalbandi) that had everyone riveted to their places. As the two groups of secondary students took to stage, they enlivened the audience with their energetic performances. School Director Raj Chopra sir welcomed and introduced the Chief Guest H.G. Anusuya Mataji and our ex-student Siddhant to the audience. Principal Smt. Tapati Mehta and Trustee Shri Jayesh Panchal of Shri Shri Ravishankar Vidya Mandir were warmly welcomed and introduced by Principal Rasarani ma'am. Chief Guest H. G. Anusuya Mataji enlightened the students with her precious words and connected Indian Vedic culture with the modern era.

Deities of Radha and Krishna were adorned with beautiful dresses and jewellery after the Abhishek and brought back to the altar. The bhogas were offered to the deities as per the concept of delicacies of our country's regions in four directions. Class wise homemade bhoga offerings included paneer pakoda of North, nimki of East, sabudana vada of West and chana Dal vada of South for the pleasure of the Lord. Aarti was honored by the Chief Guest followed by dance kirtan.

The most vibrant event of the celebration was 'Presentation of different Vanas' (Forests of Vrindavan) by the students of classes 5 to 8 who showcased their talent while presenting the vanas that represented their class names (e.g. class 8 'Lohavan') using different forms of art like dance, songs, skit, model presentation and human puppet show. The honour of breaking the "Dahi Handi' was presented to the winning team.

The program ended with a vote of thanks by school Head boy and a grateful felicitation of Guests by Principal Rasarani ma'am followed by sumptuous lunch prasadam.

The Pre-Primary students at Gopal's Garden High School also celebrated Janmashtami on Wednesday, September 06, 2023. The little Gopalites dressed in traditional wear looked like Radha, Krishna, Gopas and Gopies. The hall decoration

Resembled the streets of Mathura and kunjas of Vrindavan. The kiddies colourful dance performance was the show stealer. The celebration started with Abhishek of the deities Radha and Krishna by the Chief Guests Mr. Yatin and Mr.Krishnanda Mishra, ex- students of Gopal's Garden High School. Our precious students of Khelanvan, Nandanvan, and Kumudvan then participated in Abhishek ceremony. Children thoroughly enjoyed the melodious kirtan performed by our 8th grade students. Delicious prasadam was served to our preschoolers thereafter.

The whole school came together for this Janmashtami celebration with faith and unity.







## हरे कृष्ण...!

" बात तो हर भाषा में होती है, पर जज्बात हिंदी भाषा में ही होता है। " आम तौर पर हिंदी दिवस १४ सितम्बर को मनाया जाता है , किंतु विद्यार्थियों की परीक्षा के कारण हिन्दी दिवस ४ सितम्बर को ही मना लिया गया |

इस वर्ष भी सभी विद्यार्थियों की उपस्तिथि में हिंदी दिवस काफी मज़ेदार रहा |

कार्यक्रम का प्रारंभ प्रातःकाल की प्रार्थना तथा प्रतिज्ञा के साथ हुआ | कार्यक्रम के शुरू होते ही आदरणीय मुख्य अतिथि "श्री . राजेश्वर उनियाल जी" पधारे | उनके आने से कार्यक्रम की शोभा बढ़ गई | वे प्रसिद्ध किव थे तथा उन्हें हिंदी के साहित्य का बहुत ज्ञान था । हिंदी दिवस का कार्यक्रम प्रारंभ हुआ , कक्षा दसवीं के कुछ छात्रों ने हिंदी भाषा के महत्व के बारे में अवगत कराया । इसके बाद कक्षा सातवीं की छात्रा द्वारा 'रैप' प्रदर्शित

किया गया | जिसे देख सभी विद्यार्थी खुश हो गए क्योंकि वह उनका मन मोह रहा था। तत्पश्चात भारत के अलग अलग भाषाओं पर एक-अलग भागों के अलग-नृत्य प्रस्तुत किया गया जो एक महत्वपूर्ण सीख सिखा गया ,जो है अनेकता में एकता" , हिंद की विशेषता।" आगे बढ़ते हुए पांचवी के सभी विद्यार्थियों द्वारा एक मधुर गीत प्रदर्शित किया गया। इसके साथ ही कक्षा छठवीं, सातवीं, आठवीं के छात्र - छात्राओं द्वारा सभी नामांकित तथा मशहूर किवयों तथा लेखकों की झलक प्रस्तुत की गई। इनमें से कुछ नाम है कबीर, हरिवंशराय बच्चन जी , अटल बिहारी वाजपेई इत्यादि। अंत में मुख्य अतिथि जी द्वारा हिंदी भाषा का महत्व तथा विशेषताओं को बहुत ही सरल भाषा तथा गीतों के माध्यम से समझाया गया | उन्होंने ज्यादा समय नहीं लिया व कुछ शब्दों में कई बड़ी बातों को समझा दिया। संक्षिप्त में कार्यक्रम के माध्यम से भारत की अनमोल हिंदी भाषा के बारे में सभी को नया ज्ञान प्राप्त हुआ।

सोंधी सुगंध, मीठी सी भाषा, गर्व से कहो हिंदी है मेरी भाषा। सधन्यवाद ...!

आदित्य सनेर कक्षा ९



## CELEBRATING TEACHERS' DAY: A DAY OF TRIBUTE AND LEARNING

On the 5th of September, our school came alive with vibrant energy as students gathered to celebrate 'Teachers' Day' with gratitude and enthusiasm.

The day began with a heart-warming show put up by the students, a tribute to their teachers. Through songs, dances and heartfelt words, the students expressed their appreciation for the invaluable guidance and support they receive from their teachers.

Following the show, the teachers embarked on a spiritual sojourn to Sri Sri Radha Gopinath temple, Chowpatty - a place of tranquillity and reflection providing an opportunity to find solace and draw inspiration from the serene surroundings.

An enlightening and interactive session on the why and how of journaling was conducted by H.G Vrajbihari prabhu. Everyone delved into the art of journaling - learning about the benefits of journaling from enhancing self-reflection to boosting creativity. Practical tips and techniques were shared to help embark on their own

journaling journeys. The day continued with a lunch, where all teachers came together to share a meal and strengthen the bonds of camaraderie with laughter and conversation as everyone enjoyed the delicious spread.

It was a day of tribute and learning showcasing the strong sense of community that defines our school. We extend our heartfelt thanks to all the teachers who continue to inspire and shape the future leaders of tomorrow.

NEETA NAYAK Secondary Teacher



# **LINKS**

#### TEACHERS DAY

https://drive.google.com/drive/folders/1nGV9OnFCadkHONxdI71f7IHwIzOzzua4?usp=sharing

### INTERNATIONAL YOGA DAY

https://drive.google.com/drive/folders/1LrjTI4RVh2Yar1-ZwJNXxhziO-9zgMdO?usp=sharing

#### INDEPENDENCE DAY

https://drive.google.com/drive/folders/1kOMjgOogh8IFzK2J2ieZhQ5SkIYOzlGy?usp=share\_link

#### JANMASHTAMI CELEBRATION

https://drive.google.com/drive/folders/1XOTnXvYrDw-flQe8-7l1BqP\_ohvBksD5?usp=sharing

#### COMPETITION 2 - INTRA SCHOOL SINGING COMPETITION

https://drive.google.com/drive/folders/1Goh1z606pYHHPEoe3PnAb\_28FCNGmeHB?usp=sharing

#### YASHOTSAV

https://drive.google.com/drive/folders/1qx3ObdRUei-0aWk-BJyRTPDEuKkK13sz?usp=sharing

#### SANSKRIT DIVAS

https://drive.google.com/drive/folders/1w8xYePdOB\_Q3nSXgj-LEnNV8ag3ST1dF?usp=drive\_link

#### HINDI DIVAS

https://drive.google.com/drive/folders/1-41Q5JILQ3E4rWRw4O37M12IUgSCUoj ?usp=sharing

#### COMPETITION 1 - INTRA SCHOOL ART AND CRAFT COMPETITION

https://drive.google.com/drive/folders/13hL7AnJtaCewFFOJ1EhwBylcod-252ED?usp=sharing

#### RATH YATRA

https://drive.google.com/drive/folders/1LY-wwl6sCys5G\_WZo\_-jYJdkN5EreXNe?usp=sharing



# **A Very Special Thanks to**



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RADHA GODSE (Marathi)

# For Their Valuable Support.



Creativity is intelligence having fun.

- Albert Einstein

# **GARDEN BUZZ TEAM**

